

COMMUNITY EDUCATION, 2024

NWTC Sister Bay provides state-of-the-art resources that support a growing economy and vibrant quality of life in northern Door County. To register, call 920-746-4970 or email sisterbay@nwtc.edu. We are located at 2438 S. Bay Shore Drive, Sister Bay.

CLASSES AND EVENTS	DATE	TIME	FEE	NOTES
Lunch & Learn:	Thu, Jan 11	11am-2pm	Free	To register, call 920-746-4970. Walk-ins are
Aging Resource Fair		-		welcome.
Learn how to care for yourself as yo	ou age and how to	be a good care pa	artner for o	others. Connect with area agencies and
organizations, develop skills, and e	njoy a light lunch.	There will be 30-n	ninute pre	sentations throughout the day.
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BLS CPR Refresher (Healthcare	Wed, Jan 24	5:30-9:30pm	\$21.72	A CPR mask is required. If you have one,
Provider)				please bring it. If not, a mask can be purchased
#21187				at the center for \$9.99 plus tax.
This course provides the opportuni	ty for students wl	no hold a current E	SLS CPR Pro	ovider certification to recertify their skills. To
recertify, your AHA BLS Provider ca	rd cannot be expi	red. Students will	learn Adul	t, Child, and Infant CPR, along with removal of
foreign bodies from the airway, use	=			
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Cocoa Bombs	Wed, Feb 7	10 am-noon	\$20	Call 920-746-4970 to sign up. Bring a muffin tin
				and course fee (cash only, please) to class.
Learn how to create hot-chocolate	bombs just in tim	e for Valentine's D	ay! Each p	participant will learn step by step how to make 4
large hot chocolate bombs to take	home. All supplie	s included in the cl	ass. Class f	fee: \$20. Presented by Sierra Witczak.
				•
	Mad Fab 7	10 am-noon	\$15	If a self-like to be seen a few deathers
Google Basics	Wed, Feb 7	10 am-moon	713	If you would like to borrow one of our laptops,
Google Basics	wea, reb /	10 am-noon	713	let us know and we will reserve one for you.
	,			
Google has many platforms. We wi	ill go over the mos	st common ones a	nd show ho	let us know and we will reserve one for you.
	ill go over the mos gle Chrome, and G	st common ones ar	nd show ho engine!). B	let us know and we will reserve one for you. ow they all work together. These include Gmail, bring your laptop, phone, or tablet. And, yes, you
-	,			let us know and we will reserve one for y

CLASSES AND EVENTS	DATE	TIME	FEE	NOTES
CPR Heartsaver AED	Mon, Feb 26	8 am-noon	\$36.12	A CPR mask is required. If you have one,
#21182				please bring it. If not, a mask can be purchased
				at the center for \$9.99.

This course is for individuals such as day-care employees, airline/security personnel or personal trainers who may need to respond to an emergency at work. Adult, child, infant CPR and choking as well as use of automated external defibrillator will be covered.

Heartsaver First Aid	Mon, Feb 26	12:30-4:30 pm	\$36.12	
#21183				

This course is intended for lay rescuers, childcare workers, and industrial workers. Course covers scene/situation safety and the care of injuries: bleeding control; bone, joint and muscle injuries; burns; and specific injuries to the head. It also addresses sudden illnesses, seizures, diabetic emergencies, poisoning, bites and stings, and heat and cold emergencies. Heartsaver First Aid teaches how to manage illness and injuries in the first few minutes until help arrives.

Smartphone Basics 1 for iPhone Wed, Mar 13 10am-noon \$15 Please bring your phone.

This class will cover the basics of smartphone operation, including how to set it up and how your phone can help you. Learn about apps, settings, updates, and photos, as well as the Apple ID vs. your passcode. Presented by LIC Trainer Erin Helgeson.

CPR BLS (Healthcare Provider)	Fri, Mar 15	8 am-2 pm	\$29.03	A CPR mask is required. If you have one, please
#21186				bring it. If not, a mask can be purchased at the
				center for \$9.99.

This course is for healthcare providers (physicians, nurses, paramedics, EMT's, respiratory therapists, physician assistants, residents, medical or nursing assistants), allied health officials or training aides. Adult, child, and infant CPR (including ventilation with barrier devices, bag mask) as well as AED and relief of foreign body airway obstruction will be covered.

Computer Basics	Wed, Mar 27	10am-noon	\$15	If you have a laptop, please bring it. If not, let us
				know, and we will loan one to you.

Participants will learn the basics of their computer: What operating system do you have? Do you need anti-virus software? Which ones are good? What programs do you need? How do you update your computer? We will go over basic computer functions and answer questions about your computer. Presented by LIC Trainer Erin Helgeson.

CLASSES AND EVENTS	DATE	TIME	FEE	NOTES
BLS CPR Refresher (Healthcare	Wed, Apr 3	8am-noon	\$21.72	A CPR mask is required. If you have one, please
Provider)				bring it. If not, a mask can be purchased at the
#21188				center for \$9.99 plus tax.

This course provides the opportunity for students who hold a current BLS CPR Provider certification to recertify their skills. To recertify, your AHA BLS Provider card cannot be expired. Students will learn Adult, Child, and Infant CPR, along with removal of foreign bodies from the airway, use of a BVM, and AED.

Baking Memories: Royal Icing	Thu, Apr 11	10 am-noon	\$20	Call 920-746-4970 to sign up. Bring a cookie
Decorating				sheet and course fee (cash only, please) to
				class.

Learn new and fun techniques for cookie decorating while sharing laughs and memories. Fee includes a dozen cookies, 3 bags of icing and a container of sprinkles. Presented by Sierra Witczak from the Aging and Disability Resource Center of Door County. Space is limited to 8 people—sign up early!

Food Service Sanitation	Mon, Apr 15	8 am-4:30 pm	\$78	Call 920-746-4970 to sign up. Book and exam
#24016			plus	answer sheet available through the NWTC
			book	Bookstore. Please bring to class.

Food Service Sanitation will teach students the importance of a food-safety management plan and how to implement it. The course covers critical elements of food safety: employee health and hygiene, food-borne illness prevention, pest management and safe food handling. Instructor: Lisa Hickman. Exam will begin at 2:30 pm, and students can leave when finished. Please bring a lunch. Exam results will be emailed a week after the class.

CPR Heartsaver AED	Mon, May 6	8 am-noon	\$36.12	A CPR mask is required. If you have one, please
#21184				bring it. If not, a mask can be purchased at the
				center for \$9.99.

This course is for individuals such as day-care employees, airline/security personnel or personal trainers who may need to respond to an emergency at work. Adult, child, infant CPR and choking as well as use of automated external defibrillator will be covered.

CLASSES AND EVENTS	DATE	TIME	FEE	NOTES
Heartsaver First Aid	Mon, May 6	12:30-4:30 pm	\$36.12	
#21185				

This course is intended for lay rescuers, childcare workers, and industrial workers. Course covers scene/situation safety and the care of injuries: bleeding control, bone, joint, and muscle injuries, burns, and specific injuries to the head. It also addresses sudden illnesses, seizures, diabetic emergencies, poisoning, bites and stings, and heat and cold emergencies. Heartsaver First Aid teaches how to manage illness and injuries in the first few minutes until help arrives.

CLASSES AND EVENTS	DATE	TIME	FEE	NOTES
New to Medicare	Tues, Aug 20	10:30-Noon	Free	Call the ADRC at 920-746-2372 to register.

This class will explain the upcoming Medicare Open Enrollment Period and the importance of reviewing Medicare prescription coverage. Presented by Linda Darmody, volunteer State Health Insurance Program (SHIP) counselor from the Aging & Disability Resource Center of Door County.