

Door County Learning in Retirement

2024 SPRING COURSE CATALOG



Door County
Learning in
Retirement



Online Registration
nwtc.edu/LIR

Registration opens
December 18, 2023

In-Person Registration Assistance
By appointment

Mail/Drop-Off Registrations Accepted

 **NORTHEAST**
WI Technical College

STURGEON BAY CAMPUS

2023-2024 BOARD OF DIRECTORS

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DCLIR Administrative Assistants

Joanne Hicks
Bonita Madden

SC111- OFFICE & CLASSROOM:

Closest entrance and parking is on South side of building. Handicapped spaces are available. Call the office for Wheelchair assistance.

Office hours -M-Th 9am-3pm

Summer hours may vary.

Please call ahead.

Door County Learning in Retirement NWTC

229 North 14th Avenue
Sturgeon Bay, WI 54235

PHONE: 920-746-4947

E-MAIL: dclir@nwtc.edu

WEBSITE: nwtc.edu/LIR

FACEBOOK: facebook.com/newdclir

WELCOME TO DOOR COUNTY LEARNING IN RETIREMENT PURSUE YOUR LOVE OF LEARNING

Door County Learning in Retirement is dedicated to facilitating quality, lifelong learning in an open, ongoing forum for older adults in Northeastern Wisconsin. DCLIR classes are peer-led and intended to be informational and for the enjoyment of the participants. Presenters and Coordinators are volunteers.

DCLIR is sponsored in partnership with Northeast Wisconsin Technical College – Sturgeon Bay Campus.

- Spring 2024 classes are available in-person and on the ZOOM platform. Access to the ZOOM link for virtual classes will be emailed to registered members prior to the start date for each class.
- Classes are held at the NWTC-Sturgeon Bay Campus unless otherwise noted in the class descriptions.

MEMBERSHIP

- Door County Learning in Retirement is a membership-only organization. An annual membership fee of \$70 paid with Fall registration covers both Fall and Spring terms. **The Spring-only membership is \$50.** Members may register for as many classes as they wish. Classes are open to registered members only.
- Registration remains open and membership can be purchased at any time.

REGISTRATION GUIDELINES

- Please register only for the classes you plan to attend.
- Purchase a membership, register, pay fees and manage classes online (encouraged)
- Mail or drop off registrations are accepted with the Spring-only membership fee of \$50 and any specific class fees. (If paying by check, make payable to NWTC).
- Class fees (for materials, admission to tours, etc.) are due with registration and are nonrefundable unless a replacement is found to fill the seat. Refunds are not guaranteed.
- You will receive an email of confirmation for classes in which you are enrolled. Please keep a copy of these emails. If you are on a wait list for a class, you will be contacted when a seat becomes available.

FINANCIAL ASSISTANCE is available

Contact the DCLIR Office for scholarship information.

Inclement Weather?

When NWTC classes are canceled due to inclement weather, DCLIR classes will also be canceled. Watch or listen for school closing on your local TV or radio stations or check NWTC's website at www.nwtc.edu.

Dear Friend of Door County Learning in Retirement,

We are pleased to present the Spring 2024 catalog of courses and the opportunity for you to participate in Door County Learning in Retirement. We are grateful that you've been able to adapt with us as we continue to provide classes in new ways during uncertain times. Thank you for the positive feedback which helps us improve our processes and serve you better.

The Spring 2024 term offers three ways for members to participate in DCLIR classes:

- › **In-person** - providing the traditional class experience.
For your safety, we continue to follow NWTC and other class venue guidelines regarding class size, social distancing, and masking. (*Class locations are included with the course descriptions and on the calendar*).
- › **ZOOM** - enabling members to participate in classes anywhere there is an internet connection.
- › **ZIP (Zoom or In-person)** giving members the choice to attend class in-person or online.

We sincerely hope that you will continue to support Door County Learning in Retirement as you pursue your love for lifelong learning in-person and virtually.

Sincerely,

Mary Koski, Don Guth
Curriculum Co-Chairs
Door County Learning in Retirement

Registration Details

Register online

- › **FIRST** - Access the DCLIR website at nwtc.edu/LIR
 - On the right side of the page, click on the blue button 'Online Registration'
 - This brings you to the DCLIR Member Portal – this portal enables you to update your contact information, purchase a membership with credit card, and register for classes
- › **SECOND** - On the upper right-hand corner of the Member Portal page, click 'Login'.
If you are a current user in the online site continue login with your username and password.
 - If you are new to online registration or have forgotten your username and password - DO NOT enter any information into the username/password boxes. Instead, click on the '**Forgot Password**' link. You will be prompted to enter your email address. (Please notify the office if you enter an email address that is different from the one currently used for DCLIR messages or receive the message 'You have an account in our system but it is not currently active').
 - An email will be sent to you with your username. Continue to follow directions as prompted. When this process is complete, click the Membership tab on the upper left-hand side of the page to purchase your membership. The Spring only term fee is \$50.00.
- › *We can help with the registration process. Please call the office to schedule an appointment.*

Use a traditional registration form

- › Complete the form included in the catalog.
- › Mail or drop the form at the DCLIR office.
- › Include Spring term only membership fee of \$50 and any class fees if applicable. Make all checks payable to NWTC.

COURSES BY PLATFORM

All Classes are in person with the addition of the following classes that have the Zoom option.

IN-PERSON AND ZOOM CLASSES (BLENDED)

Course #	Title
20	Chinese Exercise
43	Fighting the Blues with Greens and Other Plant Foods
46	Friends Helping Friends Prevent Suicide
56	Guardianship Basics
71	Let's Make Our Brains Better
73	Marketplace & Medicare Know Your Options
83	Probate Basics
84	Quality and Safety at Door County Medical Center
85	Quantum Technology: Basic Cyber & Internet Security
86	Quantum Technology: Basics of Wi-Fi
87	Quantum Technology: Computer Backup & Disaster Recovery
88	Quantum Technology: Learning How to Use Your Apple Devices
91	Ridin' the Rails
98	St Vincents de Paul Society
108	Volunteering in Door County

ZOOM ONLY CLASSES

Course #	Title
72	Too Many Hands
112	Wisconsin Post Office Murals
115	Women & Children in the 19th Century

DCLIR is a 501C3 organization.
All donations are tax deductible.
Please consider donating today.

**Class limits may change to due to CDC guidelines*

**IP=In-Person*

In-Person In-Person & Zoom Zoom Only

COURSE LOCATION

ADRC: Aging and Disability Resource Center of Door County
916 N 14th Ave, Sturgeon Bay

Agricultural Heritage Center
N2251 State Highway 42, Kewaunee

Bay View Lutheran Church
340 W Maple St, Sturgeon Bay

Crossroads at Big Creek
2041 Michigan St, Sturgeon Bay

DNR Strawberry Creek Chinook Facility (Hatchery)
County Rd U & Strawberry Lane, Sturgeon Bay

Door County Candle
5789 Highway 42, Sturgeon Bay

Door County Coffee Parking Lot
5773 State Highway 42, Sturgeon Bay

Door County Land Trust (Sturgeon Bay Ship Canal Nature Preserve)
5340 Lake Lane & 5200 Lake Lane, Sturgeon Bay

Door Peninsula Astronomical Society
2200 Utah Street, Sturgeon Bay

Door 44 Winery
5464 County Road P, Sturgeon Bay

Horseshoe Bay Farms
7212 Horseshoe Bay Dr., Egg Harbor

Kangaroo Lake Nature Preserve
7912 N. Maple Rd, Baileys Harbor

Knights of Columbus Parking Lot
692 Tacoma Beach Rd, Sturgeon Bay

Lake Michigan Wind & Sun At Hippensteel Farm
1015 County Road U, Sturgeon Bay

LeClair Home
1635 Cove Road, Sturgeon Bay

Miller Art Museum
107 S 4th Ave, Sturgeon Bay

Nor Door Sports
1014 Egg harbor Rd, Sturgeon Bay

Open Door Bird Sanctuary
4114 County I, Sturgeon Bay

PATH of Door County
340 Jaycee Court, Sturgeon Bay

Peninsular Agricultural Research Station
4312 State Highway 42, Sturgeon Bay

SB Fire Department
421 N. Michigan St., Sturgeon Bay

Third Avenue Playworks
239 N. 3rd Ave, Sturgeon Bay

Von Stiehl Winery
115 Navarino Street, Algoma

Waseda Farms
7281 Logerquist Rd, Baileys Harbor

Whitetails Unlimited Inc.
2100 Michigan St, Sturgeon Bay

Woodwalk Gallery
6746 County Road G, Egg Harbor

YMCA
1900 Michigan St, Sturgeon Bay

****Classes are held at NWTC Sturgeon Bay unless otherwise noted.***

February 2024

*Class limits may change to due to CDC guidelines

*IP=In-Person

In-Person In-Person & Zoom Zoom Only

Su	Monday	Tuesday	Wednesday	Thursday	Friday	Sa
				1 GROUNDHOG DAY #61 High Pointing: Exploring America's Rooftops 10-12 NWTC	2	3
4	5	6	#44 Fire Invest. 10-12 NWTC #105 YMCA Tour 10-12 SB/YMCA	#73 Marketingplace 10-12 NWTC/Zoom #33 Diamond Art 1-3 NWTC	9	10
11	12 #115 Women & Children 1/4 10-12:30 Zoom #56 Guardianship Basics 1-3 NWTC/Zoom	13 MARDI GRAS #58 Healthy Cooking 10-12 NWTC Kitchen #42 Exploring Yoga 1-3 SB YMCA	14 VALENTINE'S DAY ASH WEDNESDAY #27 Death Investigation 10-12 NWTC	15 #28 Dementia 101 10-12 ADRC #110 Whodunit 1/6 10-12 NWTC #23 Birding by Habitat 1-3 Crossroads	16	17
18	19 PRESIDENTS' DAY #57 Hardanger 1/6 10-12 Bayview #115 Women & Children 2/4 10-12:30 Zoom #70 Wool Applique 1-3 NWTC	20 #59 Healthy Cooking 10-12 NWTC Kitchen #106 Transportation Options 1-3 NWTC 113 #9 Analyzing the Role of Popullism 1/2 1-3 Crossroads	21 #7 AHA Heartsaver CPR AED 9-12:30 NWTC #10 At the Movies 1/2 1-4 Crossroads #112 Wisconsin Post Office Murals 1-3 Zoom	22 #19 Chess Basics 10-12 NWTC #29 Dementia 201 10-12 ADRC #39 Door Pen Astronomical 1-3 DPAS	23	24
25	26 #57 Hardanger 2/6 10-12 Bayview #115 Women & Children 3/4 10-12:30 Zoom #84 Quality & Safety at DCMC 1-3 NWTC/Zoom	27 #16 Candies Creating 10-12 Door County Candle #9 Analyzing the Role of Popullism 2/2 1-3 Crossroads #72 Many Hands 1-3 Zoom	28 #5 AHA Heart Saver First Aid 9-12 NWTC #10 At the Movies 2/2 1-4 Crossroads #95 Sping/Summer Fishing 1-3 NWTC	29 #110 Whodunit 2/6 10-12 NWTC #25 Crossroads Restoration 1-3 Crossroads #103 Through the Lens 1-3 NWTC		

March 2024

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In-Person In-Person & Zoom Zoom Only

Su	Monday	Tuesday	Wednesday	Thursday	Friday	Sa
					1 #77 Paper Basket Weaving 1/3 9-12 NWTC	2
3	4 #57 Hardanger 3/6 10-12 Bay View #109 What are Apps all about? 10-12 NWTC #115 Women & Children 4/4 10-12:30 Zoom #55 Growing Up in the 50s 1-3 NWTC	5 #21 Civilian Response 10-12 NWTC #64 Ireland and its Poets 1-3 NWTC	6 #4 A Fine Kettle of Fish 1/6 10-12 NWTC #100 Challenge of Communication 1-3 NWTC	7 #18 Chess Beyond Basics 10-12 NWTC #20 Chinese Exer 1/3 10-12 NWTC/Zoom #82 Polymer Clay 1/2 1-3:30 NWTC 113	8 #77 Paper Basket 2/3 9-12 NWTC	9
10 DAYLIGHT SAVING RAMADAN BEGINS	11 #57 Hardanger 4/6 10-12 Bay View #83 Probate Basics 10-12 NWTC/Zoom #107 Unfolding Stories 1/3 1-3 NWTC	12 #63 Technology Impact 10-12 NWTC #14 Big Jim 1-3 NWTC	13 #4 A Fine Kettle of Fish 2/6 10-12 NWTC #54 Growing Roses 1-3 NWTC	14 #110 Whodunit? 3/6 10-12 NWTC #20 Chinese Exer 2/3 10-12 NWTC/Zoom #82 Polymer Clay 2/2 1-3:30 NWTC 113	15 #77 Paper Basket Weaving 3/3 9-12 NWTC	16
17 ST. PATRICK'S DAY	18 #43 Fighting the Blues 10-12 NWTC/Zoom #57 Hardanger 5/6 10-12 Bay View #22 Astronomy for Grandparents 1-3 Crossroads #107 Unfolding Stories 2/3 1-3 NWTC	19 #116 World War II 10-12 NWTC #40 Door Peninsula Tour 1-3 Door Peninsula Winery	20 #4 A Fine Kettle of Fish 3/6 10-12 NWTC #80 Plain Language 1/2 1-3 NWTC	21 #1 6000 Years of Theater 10-12 NWTC #20 Chinese Exer 3/3 10-12 NWTC/Zoom	22	23
24	25 #57 Hardanger 6/6 10-12 Bay View #99 Sunshine Resources Tour 10-12 Sunshine Resources #107 Unfolding Stories 3/3 1-3 NWTC	26 #17 Creative Roots 1/2 9-12 NWTC #34 Digital Footprint 1-3 NWTC	27 #4 A Fine Kettle 4/6 10-12 NWTC #12 Baking Memories 10-12 NWTC Kitchen #80 Plain Language 2/2 1-3 NWTC	28 #110 Whodunit? 4/6 10-12 NWTC #85 Quantum: Basics Cyber 1-3 NWTC/Zoom	29 GOOD FRIDAY	30

April 2024

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In-Person In-Person & Zoom Zoom Only

Su	Monday	Tuesday	Wednesday	Thursday	Friday	Sa
EASTER	1 APRIL FOOL'S DAY #49 Ghost Ports 10-12 NWTC #79 Exploring Musical Ekphrasis 1/2 1-3 NWTC	2 SPRING ELECTIONS #17 Creative Roots 9-12 NWTC 2/2 #35 Dillon's Law 1-3 NWTC	3 #4 A Fine Kettle of Fish 5/6 10-12 NWTC #53 Grandma Lena Raviolis 10-1 NWTC Kitchen #24 Crossroads Eclipses 1-3 Crossroads	4 #89 Recorders in Concert 10-12 NWTC #81 Playing with Paper 1-3:30 NWTC 113 #98 St. Vincent de Paul 1-3 NWTC/Zoom	5	6
7	8 #79 Exploring Musical Ekphrasis 2/2 1-3 NWTC	9 #3 Advanced Directives 10-12 NWTC #13 Basic Bicycle Maint 10-12 Nor Dor Sports	10 #4 A Fine Kettle of Fish 6/6 10-12 NWTC #2 ADRC-Know Us Before You Need Us 1-3 ADRC #69 Joint Pain 1-3 NWTC	11 #74 Modern Dairy Farm Tour 10-12 Olson Farm #110 Whodunit? 5/6 10-12 NWTC	12 #78 Paper Basket-Advanced 1/3 9-12 NWTC	13
14	15 #60 Heins Creek Story 1-3 NWTC	16 TAXES DUE #86 Quantum: Basics of Wi-Fi 10-12 NWTC/Zoom #76 Old Newspapers 1-3 NWTC	17 #52 Google Docs/Drive 1-3 NWTC #96 State of Land Trust 1-3 DCLT	18 #47 Garden Totems 10-12 NWTC #30 Dementia Live 10-11 ADRC #31 Dementia Live 11-12 ADRC	19 #78 Paper Basket-Advanced 2/3 9-12 NWTC	20
21	22 EARTH DAY PASSOVER #93 Sourdough 1-3 NWTC Kitchen #51 Google Sheets 1-3 NWTC	23 #102 Therma-Tron-X 10-12 Therma-Tron-X #91 Ridin' the Ralls 10-12 NWTC/Zoom	24 ADMIN ASSIST DAY #111 Wienkes Market Tour 10-12 Wienkes Market #41 Door Peninsula Tour 1-3 Door Peninsula Winery	25 #110 Whodunit? 6/6 10-12 NWTC #117 You've Got Mail 1/3 1-3 NWTC #26 CSI DC/SB 1-3 ADRC	26 #78 Paper Basket-Advanced 3/3 9-12 NWTC	27
28	29 #32 Desert Song 10-12 NWTC #45 First Amendment 1-3 NWTC	30 #108 Volunteering in DC 10-12 NWTC/Zoom #48 Get the Most Out of Photography 1-3 NWTC				

May 2024

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□ In-Person ◻ In-Person & Zoom ■ Zoom Only

Su	Monday	Tuesday	Wednesday	Thursday	Friday	Sa
			1 #8 AHA Heartsaver CPR AED 9-12:30 #15 Block Print Florals 1-3 Woodwalk	2 #11 Artist Trading Cards 10-12 NWTC #75 No Waste Building 1-3 TBD #117 You've Got Mail 1-3 2/3 NWTC	3	4
5 CINCO DE MAYO	6 #71 Let's Make Brains Better 10-11 NWTC/Zoom #50 Google Apps 1-3 NWTC #113 Woodfire Brick Oven Pizza 1-5 Gaertner Home	7 #101 Night It Rained Fire 10-12 NWTC #104 Tour of SBF 10-12 Stur. Bay Fire Dept. #46 Friends Helping 1-3 NWTC/Zoom	8 #6 AHA Heart Saver First Aid 9-12 NWTC #68 Its Ok to Not Be Ok 10-12 NWTC 113	9 #62 Holocaust 10-12 NWTC #36 Door 44 Tour 1-3 Door 44 #87 Quantum-Computer Backup 1-3 NWTC/Zoom #117 You've Got Mail 1-3 3/3 NWTC	10	11
12 MOTHER'S DAY	13 #88 Quantum - Apple Devices 10-12 NWTC/Zoom #90 Retirement Roadblocks 1-3 NWTC #92 Smocked Salmon 1-4 LeClair Home	14 #65 Electric Car AM 10-12 Door County Coffee Parking #114 Woodfire Brick Oven Pizza 1-5 Gaertner Home #66 Electric Car PM 1-3 Door County Coffee Parking	15 #67 Electric Car AM 10-12 Door County Coffee Parking #97 Strawberry Creek 10-12 Meet in Parking lot at KC Club	16 #37 Ship Canal AM 10-12 Sturgeon Bay Ship Canal #94 Spring in the Garden 10-12 Peninsular Ag #38 Ship Canal AM 1-3 Sturgeon Bay Ship Canal	17	18 ARMED FORCES DAY
19 PENTECOST	20	21	22	23	24	25
26	27 MEMORIAL DAY	28	29	30	31	

COURSE DESCRIPTIONS

**Class limits may change to due to CDC guidelines*

6,000 Years of Theatre History in '60' minutes

Course #: 01

Presenter: Jacob Janssen

Coordinator: Gwenn Graboyes, 414-315-4546

E-Mail: gwenn.graboyes@gmail.com

Date: Thursday, March 21

Session(s): 1

Time: 10:00 a.m. - 12:00 p.m.

Location: NWTC

Limit: 30

Join Jacob Janssen, Artistic Director at Third Avenue Playworks, for a whirlwind tour of the history of theatre. Why does theatre exist, persist, and manifest itself in a constantly changing way. Eastern, African, and Western theatre will be presented, focusing on the cultural legacy of theatre as it both reflects and shapes society.

ADRC "Know Us Before You Need Us"

Course #: 02

Presenter: Director Jenny Fitzgerald and Assistant Director Nicki Scharrig

Coordinator: Liz Orlock, 920-559-9235

E-Mail: liz.orlock@gmail.com

Date: Wednesday, April 10

Session(s): 1

Time: 1:00 p.m. - 3:00 p.m.

Location: ADRC

Limit: 50

"Know Us Before You Need Us." The Aging and Disability Resource Center (ADRC) of Door County provides information about resources and support on all aspects of life-related to aging or living with a disability. The ADRC is a one-stop shop for older adults, people with disabilities, and their caregivers and families. ADRC staff are unbiased and knowledgeable professionals who listen to your concerns, help clarify your options, and direct you to appropriate resources.

The ADRC is also the access point for information about long-term care options and applying for public benefits. Please join Jenny Fitzgerald and Nicki Scharrig for a tour of the building and to learn more about the services the ADRC provides. Services Provided: Information and Referral Assistance with Community Programs, Resources Long-Term Care Options Counseling, Dementia Care Programs, Volunteer Opportunities, Health and Wellness Activities, Fitness Room and Group Exercises, Home Delivered and Frozen Meals, County-Wide Nutrition Program & Dining Sites, Caregiver Assistance for Friends/Family, and Support Groups.

Advanced Directives and Hospice 101

Course #: 03

Presenter: Dr. Amy James

Coordinator: Jill Gaertner, 414-902-3676

E-Mail: jillottog@gmail.com

Date: Tuesday, April 9

Session(s): 1

Time: 10:00 a.m. - 12:00 p.m.

Location: NWTC

Limit: 30

The Hospice 101 segment will cover hospice benefits for the entire family, hospice philosophy, eligibility guidelines and benefits, and the difference between Hospice, Palliative, and Acute Care. The Advance Directive segment will discuss the fact that we plan for everything – our wedding, vacations, careers, and retirement. Yet, many of us avoid planning our own end-of-life. If we don't share our health care wishes with those we love, others may take over at the time we are most vulnerable. We will discuss the benefits of advance planning, initiating the end-of-life care conversation, myths associated with hospice, and how to refer a loved one.

HELPFUL HINTS FOR A FULFILLING SEMESTER

WHEELCHAIRS ARE AVAILABLE.

Call the DCLIR office (920-746-4947) and we'll meet you at the South entrance door.

A Fine Kettle of Fish

Course #: 04

Presenter: John Stevenson & Ed Eickenberg
Coordinator: Tom Gaertner, 414-791-9900
E-Mail: tggaertner@gmail.com
Date: Wednesday, March 6, 13, 20 and 27
Wednesday, April 3, 10
Session(s): 6
Time: 10:00 a.m. - 12:00 p.m.
Location: NWTC
Limit: 25

Friendly, roundtable discussions of timely and/or historic issues in domestic politics, foreign affairs, religion, education, business, science, healthcare, and sports led by the presenter or co-presenter. We will base our discussions on news and opinion pieces drawn from sources such as The New York Times, The Wall Street Journal, USA Today, Christian Science Monitor, Science News, The Door County Advocate, and from news covered by the mass media. A most important source is suggestions from our participants.

AHA Heart Saver First Aid

Course #: 05

Presenter: Karen Callahan RN
Coordinator: Michael C Callahan, 815-814-4226
E-Mail: mc.callahan@gmail.com
Date: Wednesday, February 28
Session(s): 1
Time: 9:00 a.m. - 12:00 p.m.
Location: NWTC
Limit: 6
Fee: \$25 fee due at the time of registration to guarantee your seat in the class.

AHA Certified Course including first aid basics dealing with medical emergencies such as heart attacks, stroke, choking injuries, and environmental emergencies. Upon completion of the course, the member receives an AHA certification card that is good for 2 years. The fee for this course is \$25.00 and includes a manual, supplies, and a certification card. If you sign up for the Heart Saver CPR and AED course, you will only need to pay the fee once.

AHA Heart Saver First Aid

Course #: 06

Presenter: Karen Callahan RN
Coordinator: Michael C Callahan, 815-814-4226
E-Mail: mc.callahan@gmail.com
Date: Wednesday, May 8
Session(s): 1
Time: 9:00 a.m. - 12:00 p.m.
Location: NWTC
Limit: 6
Fee: \$25 fee due at the time of registration to guarantee your seat in the class.

AHA Certified Course including first aid basics dealing with medical emergencies such as heart attacks, stroke, choking injuries, and environmental emergencies. Upon completion of course the member receives an AHA certification card that is good for 2 years. Fee for this course is \$25.00 and includes a manual, supplies, and certification card. If you sign up for Heart Saver CPR and AED course, you will only need to pay the fee once.

AHA Heart Saver CPR and AED

Course #: 07

Presenter: Karen Callahan RN
Coordinator: Michael C Callahan, 815-814-4226
E-Mail: mc.callahan@gmail.com
Date: Wednesday, February 21
Session(s): 1
Time: 9:00 a.m. - 12:30 p.m.
Location: NWTC
Limit: 6
Fee: \$25 fee due at the time of registration to guarantee your seat in the class.

AHA Certified Course Heart Saver CPR AED Adult, child, infant. Upon completion, the member receives an AHA Certification card that is good for 2 years. Fee for this course is \$25.00 and includes a manual, supplies, and certification card. If you sign up for Heart Saver First Aid course, you will only need to pay the fee once.

AHA Heart Saver CPR and AED

Course #: 08

Presenter: Karen Callahan RN
Coordinator: Michael C Callahan, 815-814-4226
E-Mail: mc.callahan@gmail.com
Date: Wednesday, May 1
Session(s): 1
Time: 9:00 a.m. - 12:30 p.m.
Location: NWTC
Limit: 6
Fee: \$25 fee due at the time of registration to guarantee your seat in the class.

AHA Certified Course Heart Saver CPR AED Adult, child, infant. Upon completion, the member receives an AHA Certification card that is good for 2 years. Fee for this course is \$25.00 and includes a manual, supplies, and certification card. If you sign up for Heart Saver First Aid course, you will only need to pay the fee once.

Analyzing the Role of Populism in American Political History

Course #: 09

Presenter: Larry Desotell
Coordinator: John Swanson, 920-743-4786
E-Mail: swanpiper@yahoo.com
Date: Tuesday, February 20 and 27
Session(s): 2
Time: 1:00 p.m.-3:00 p.m.
Location: Crossroads at Big Creek
Limit: 80

The course will examine the influence of populism in the various political movements throughout American history. Topics to be studied are Jefferson-Jacksonian Democracy, Know Nothingism, Temperance, Agrarian populism, Progressivism, the New Deal, McCarthyism, and the influence of George Wallace, Richard Nixon, and Ronald Reagan on the rise of conservative populism.

At the Movies: Popular Dissent

Course #: 10

Presenter: Mike Orlock
Coordinator: Liz Orlock, 920-559-9235
E-Mail: liz.orlock@gmail.com
Date: Wednesday, February 21 and 28
Session(s): 2
Time: 1:00 p.m. - 4:00 p.m.
Location: Crossroads at Big Creek Campus
Limit: 80

The course will examine how popular Hollywood films reflect the politics and seminal works of two distinctive time periods: Mr. Smith Goes to Washington (d. Frank Capra, 1939), a product of the New Deal era of American history; and Easy Rider (Dennis Hopper, 1969) complement issues and material introduced in "Analyzing the Role of populism in American Political History, but it can be taken by itself.

Artist Trading Cards (ATC's)

Course #: 11

Presenter: Miriam Malenius & Hein Moritz
Coordinator: Hein Moritz, 865-292-8675
E-Mail: hein@moritz.org
Date: Thursday, May 2
Session(s): 1
Time: 10:00 a.m. - 12:00 p.m.
Location: NWTC
Limit: 12

In this class, we will be creating Artist Trading Cards and exchanging them with other class members. Artist Trading Cards are 2 ½ inch by 3 ½ inch artistic creations on paper. All supplies will be provided. All you need to bring is your imagination and enthusiasm.

HELPFUL HINTS FOR A FULFILLING SEMESTER

DOOR COUNTY LEARNING IN RETIREMENT IS A MEMBERSHIP-ONLY ORGANIZATION.

Catalogs come out twice each year. An annual membership fee of \$70 paid with Fall registration covers both Fall and Spring terms. Spring-only membership is \$50. Courses are open to members only. Registration remains open and membership can be purchased at any time. Please contact the DCLIR Office for details.

Baking Memories Royal: Icing Cookie Decorating

Course #: 12

Presenter: Sierra Witczak
Coordinator: Laurel Wise, 920-743-1764
E-Mail: ljwise5589@gmail.com
Date: Wednesday, March 27
Session(s): 1
Time: 10:00 a.m. - 12:00 p.m.
Location: NWTC Kitchen
Limit: 8
Fee: \$20 fee due at the time of registration to guarantee your seat in the class.

Come learn some basic cookie decorating techniques on spring-shaped cookies! This hands-on class covers different techniques for decorating cookies with royal icing. Each participant will receive a cookie kit that includes a dozen cookies, 3 piping bags of royal icing, and sprinkles. You will receive the royal icing recipe, gain some new skills, and take home your cookie creations to enjoy at the end of the session!

Basic Bicycle Maintenance

Course #: 13

Presenter: Leif Hagman
Coordinator: John Swanson, 920-743-4786
E-Mail: swanpiper@yahoo.com
Date: Tuesday, April 9
Session(s): 1
Time: 10:00 a.m. - 12:00 p.m.
Location: Nor Door Sports
Limit: 15
Basic Bicycle Maintenance is held at Nor Door Sports in Sturgeon Bay. How to change a flat tire and what a tune-up involves.

Big JIM

Course #: 14

Presenter: Jim Rabas
Coordinator: Don Guth, 920-255-3174
E-Mail: donguth@icloud.com
Date: Tuesday, March 12
Session(s): 1
Time: 1:00 p.m. - 3:00 p.m.
Location: NWTC
Limit: 30
The story of "Big Jim" the Model 2475 Minneapolis Steam Engine built by the Minneapolis Threshing Machine Company. Class presented by Jim Rabas the owner of Algoma Motors, a GMC truck dealership. Big Jim has been in the Rabas Family for 96 years. Learn about its original use of threshing for farmers for a fee of \$1 a day to moving houses and barns. No other steam engine has been in more parades than "Big Jim".

Block Print Florals

Course #: 15

Presenter: Joslyn Villalpando (Woodwalk Gallery)
Coordinator: Pat Bopray, 920-621-6635
E-Mail: pathar6635@live.com
Date: Wednesday, May 1
Session(s): 1
Time: 1:00 p.m. - 3:00 p.m.
Location: Woodwalk Gallery
Limit: 15
Fee: \$10 fee due at the time of registration to guarantee your seat in the class.
Joslyn would love to bring people to the upstairs room of Woodwalk again for a block printing workshop. She will walk through using carving tools to create our own 'Stamp' before using brayers and ink to print on a tea towel or scarf.

HELPFUL HINTS FOR A FULFILLING SEMESTER

The DCLIR's office and classroom number is SC111. Facing the main entrance, we are at the far left (South) of the building. Our entrance is located off the South parking lot, which has a turnaround for drop-offs, as well as handicapped parking spaces. Additional handicapped spaces and parking are in the Front lot.

Candles Creating Change

Course #: 16

Presenter: Christiana & Nic Trapani
Coordinator: Laurel Wise, 920-743-1764
E-Mail: ljwise5589@gmail.com
Date: Tuesday, February 27
Session(s): 1
Time: 10:00 a.m. - 12:00 p.m.
Location: Door County Candle Company
Limit: 15

Head over to Door County Candle Company in Carlsville for a peek inside the company behind the original Ukraine candle & Maui candle! Meet owner Christiana Trapani, hear a brief history of the business, and learn about the philanthropic initiatives driving the brand. The course includes a tour of the facility and candle-making process.

Celebrate Your Creative Roots – Your Ancestry.com on Steroids!

Course #: 17

Presenter: Jan Cosmos
Coordinator: Renee Bauernfeind, 920-246-4682
E-Mail: rjk2247@gmail.com
Date: Tuesday, March 26 and
Tuesday, April 2
Session(s): 2
Time: 9:00 a.m.-12:00 p.m.
Location: NWTC
Limit: 30

The two-part workshop, Celebrate Your Creative Roots, takes a provocative, deep dive into the BIG HISTORY of our creative roots. Imagine, Ancestry.com on Steroids! Learn about how you are biologically and spiritually connected to a creative Universe and to the painters of Chauvet who stroked symbolic art on the walls of a French cave 3700 years ago. Presented in a multimedia format, our human and cosmic story is revealed through the research of experts in astrophysics, archeology, paleontology, genetics, psychology, neuroscience, and Paleolithic art. Come away knowing more about yourself, your gifts, where you came from and who you're meant to be!

Chess: Beyond the Basics

Course #: 18

Presenter: John Koski
Coordinator: Liz Orlock, 920-559-9235
E-Mail: liz.orlock@gmail.com
Date: Thursday, March 7
Session(s): 1
Time: 10:00 a.m. - 12:00 p.m.
Location: NWTC
Limit: 15

This class is designed for those who have a basic knowledge of chess (such as how to set up a chessboard, how the pieces move, and who can play a complete game) and those who desire more advanced instruction. We will discuss common openings and middle- and end-game strategies. You will learn chess techniques that will help take you to a higher level of play. You will have an opportunity to play a complete game in class.

Chess Basics:

Learn to Play this Popular Game

Course #: 19

Presenter: John Koski
Coordinator: Pat Bopray, 920-621-6635
E-Mail: pathar6635@live.com
Date: Thursday, Feb 22
Session(s): 1
Time: 10:00 a.m. - 12:00 p.m.
Location: NWTC
Limit: 15

If you'd like to play an enjoyable, competitive game of chess with your grandchildren and demonstrate to them that Grandma or Grandpa ain't done yet, then come and learn the basics of this increasingly popular game. You'll learn how to set up a chess board, how the pieces move, and be provided with resources (most of them are free) where you can develop basic techniques and hone your skills by playing chess online, watch videos, solve puzzles and more. You really can learn to play this exciting game – it's not as difficult as you might think.

HELPFUL HINTS FOR A FULFILLING SEMESTER

Please register only for the classes you plan to attend.

Chinese Exercise for Seniors

Course #: 20 In-Person

Course #: 20 Zoom

Presenter: Roy Rasmussen
Coordinator: John Larson, 715-446-2658
E-Mail: jmlpack@yahoo.com
Date: Thursday, March 7, 14, and 21
Session(s): 3
Time: 1:00 p.m. - 3:00 p.m.
Location: NWTC/Zoom
Limit: 15 In Person, 30 Zoom

Learn energy-boosting exercises used by millions of senior citizens in China. These simple, non-impact exercises promote circulation, flexibility, balance, coordination and concentration: great for stiff joints and stress management! Exercises derived from Tai Chi and other internal arts.

Civilian Response to Active Threats

Course #: 21

Presenter: Dan Brinkman, Assistant Chief of Police, Sturgeon Bay Police Department
Coordinator: Mike LeClair, 920-901-9955
E-Mail: michealn.leclair@yahoo.com
Date: Tuesday, March 5
Session(s): 1
Time: 10:00 a.m.-12:00 p.m.
Location: NWTC
Limit: 30

This course was formerly titled Civilian Response to Active Shooter Events. But recently, the people responsible for these events have begun using vehicles in more of their attacks. Firearms are still the number one weapon of choice, however.

Since the Columbine High School massacre in 1999, there has been a paradigm shift in how law enforcement AND civilians respond to active shooter events and how we now work together to minimize casualties. We will discuss what law enforcement will do when that alarm sounds and how civilians have taken a more active role in reducing the number of deaths during these events. Civilians are now taught what they need to do to better survive an attack. Simply hiding and hoping the attacker will not find you is not an option, and it NEVER was. The participants will learn AVOID DENY DEFEND (ADD) and how ADD can save your life in an active threat event. The class will hear what physiological changes occur with their body during a highly stressful event and what they can do to combat those changes to get back in the game of survival. We will discuss the importance of having a plan in place for an active threat event.

Crossroads: Astronomy for Grandparents

Course #: 22

Presenter: Coggin Heeringa
Coordinator: John Swanson, 920-743-4786
E-Mail: swanpiper@yahoo.com
Date: Monday, March 18
Session(s): 1
Time: 1:00 p.m. - 3:00 p.m.
Location: Crossroads at Big Creek
Limit: 50

Door County is celebrated for the wonders of its beautiful night sky. Grandparents and any lifelong learner might enjoy knowing some simple basics of astronomy and fun facts about celestial objects you can observe without special equipment. You will also learn several simple demonstrations that can be done at home. We will focus on the sun, the moon, our solar system and will include a few constellations which are easily found in the winter sky. The night sky is beautiful – and it's even better when shared.

Crossroads: Birding by Habitat

Course #: 23

Presenter: Coggin Heeringa
Coordinator: John Swanson, 920-743-4786
E-Mail: swanpiper@yahoo.com
Date: Thursday, February 15
Session(s): 1
Time: 1:00 p.m. - 3:00 p.m.
Location: Crossroads at Big Creek
Limit: 50

To meet their needs, birds breed, migrate, and winter in specific and usually predictable habitats. Understanding the habitat needs of birds through the seasons will help birders be more successful in finding and identifying birds, and aid bird enthusiasts in creating home landscapes to attract and host songbirds.

HELPFUL HINTS FOR A FULFILLING SEMESTER

DID YOU KNOW THAT DOOR COUNTY LEARNING IN RETIREMENT HAS AN UPDATED FACEBOOK PAGE?

Our new Facebook page is titled "Door County Learning in Retirement – DCLIR" facebook.com/newdclir. We update it frequently, so please check it out. And remember to "Like!" and "Share!"

Crossroads: Introduction to Eclipses

Course #: 24

Presenter: Coggin Heeringa
Coordinator: Jill Gaertner, 414-902-3676
E-Mail: jillottog@gmail.com
Date: Wednesday, April 3
Session(s): 1
Time: 1:00 p.m. - 3:00 p.m.
Location: Crossroads at Big Creek
Limit: 20

Monday, April 8, 2024, a total solar eclipse will cross North America, passing over Mexico, the United States, and Canada, but we in Door County will not experience totality. What does that mean? And what is the difference between and lunar and a solar eclipse. What does annular mean? This program is a basic introduction intended for the non-scientist, but curious adult.

Crossroads:

Restoration-Learning from the Land

Course #: 25

Presenter: Coggin Heeringa
Coordinator: Joe Kopec, 920-818-0112
E-Mail: joekopec@gmail.com
Date: Thursday, February 29
Session(s): 1
Time: 1:00 p.m. - 3:00 p.m.
Location: Crossroads at Big Creek
Limit: 50

If the goal is land restoration, it's best to learn from the best teacher available – the land itself. In this class you will learn about plant succession and the hidden interactions between plants and the relationships between both, beneficial and harmful, between some plants and animals. You also will explore the ways living things react to the inorganic features of the environment using the multi-year restoration project underway at Crossroads as a model. Hopefully, this information will be helpful to those wishing to heal and revitalize other degraded land to benefit plants, animals and people.

CSI - Door County/Sturgeon Bay

Course #: 26

Presenter: Pat McCarty
Coordinator: Mike Le Clair, 920-901-9955
E-Mail: michealn.leclair@yahoo.com
Date: Thursday, April 25
Session(s): 1
Time: 1:00 p.m. - 3:00 p.m.
Location: ADRC
Limit: 50

This class will provide insight into the techniques used to gather evidence and solve crimes. Some of these techniques have been used for decades, while others are on the cutting-edge of technology. Recent cases solved in Door County are highlighted in the presentation.

Death Investigation - Interesting Cases

Course #: 27

Presenter: John M Larson
Coordinator: Laurel Wise, 920-743-1764
E-Mail: ljwise5589@gmail.com
Date: Wednesday, February 14
Session(s): 1
Time: 10:00 a.m. - 12:00 p.m.
Location: NWTC
Limit: 30

Death Investigation -- Interesting Cases is a discussion class, bring your curiosity. Kunz Family Homicides, Five family members murdered in their home. Incest, money, acquittal but not the end. Dairy Princess murder. The pharmacist, his wife, Monster Hall and murder cases you are curious about???

HELPFUL HINTS FOR A FULFILLING SEMESTER

PLEASE BE CONSIDERATE!

If you are unable to attend a confirmed course for any reason, please contact the course coordinator as listed in the catalog.

Demetia 101

Course #: 28

Presenter: Sierra Witczak
Coordinator: John Koski, 920-493-9344
E-Mail: sturgeonbay2@gmail.com
Date: Thursday, February 15
Session(s): 1
Time: 10:00 a.m. - 12:00 p.m.
Location: ADRC
Limit: 12

Dementia 101 will provide education about dementia and the different forms of dementia. This course will discuss the warning signs, normal signs of aging, early detection and the risk factors associated with dementia. Participants are encouraged to ask questions and will learn about the resources available for those affected by the disease and their caregivers.

Demetia 201

Course #: 29

Presenter: Sierra Witczak
Coordinator: John Koski, 920-493-9344
E-Mail: sturgeonbay2@gmail.com
Date: Thursday, February 22
Session(s): 1
Time: 10:00 a.m. - 12:00 p.m.
Location: ADRC
Limit: 12

Dementia 201 covers how the brain is impacted when someone has dementia. We will discuss the behaviors and challenges with those that may struggle with the disease. This class will discuss strategies on how to handle the challenging behaviors. Participants will learn effective communication skills to use when communicating with those who have dementia.

Dementia LIVE

Course #: 30

Presenter: Sierra Witczak
Coordinator: John Koski, 920-493-9344
E-Mail: sturgeonbay2@gmail.com
Date: Thursday, April 18
Session(s): 1
Time: 10:00 a.m. - 11:00 a.m.
Location: ADRC
Limit: 8

Dementia Live offers a unique inside-out understanding of dementia as well as the aging process. Participants will gain a heightened awareness of the challenges associated with living with dementia and leave with valuable tips and tools to improve communication and connection.

Dementia LIVE

Course #: 31

Presenter: Sierra Witczak
Coordinator: John Koski, 920-493-9344
E-Mail: sturgeonbay2@gmail.com
Date: Thursday, April 18
Session(s): 1
Time: 11:00 a.m. - 12:00 p.m.
Location: ADRC
Limit: 8

Dementia Live offers a unique inside-out understanding of dementia as well as the aging process. Participants will gain a heightened awareness of the challenges associated with living with dementia and leave with valuable tips and tools to improve communication and connection.

HELPFUL HINTS FOR A FULFILLING SEMESTER

CLASS FEE

Class fees (for materials, admission to an onsite venue, etc.) are due with registration. Fees collected cannot be refunded unless a replacement is confirmed to fill the seat. Please note that the fees collected will have already been forwarded to the presenter or venue to use in preparing for the class.

Please notify the class coordinator as soon as possible if you cannot attend. It often takes the coordinator more than a week to find a replacement. No refunds are guaranteed.

Registration Confirmation of classes is by email.

Desert Song Cycle – Music Plus

Course #: 32

Presenter: Beth Chafey - Hon
Coordinator: Laurel Wise, 920-743-1764
E-Mail: ljwise5589@gmail.com
Date: Monday, April 29
Session(s): 1
Time: 10:00 a.m. - 12:00 p.m.
Location: NWTC
Limit: 30

A multimedia presentation of pieces composed for violin, viola and various ensembles put together for live/solo performance with backup tracks. Discussion of desert wilderness as pertaining (prerecorded professionally) to each piece.

Diamond Art Painting

Course #: 33

Presenter: Mary Sherman
Coordinator: Pat Bopray, 920-621-6635
E-Mail: pathar6635@live.com
Date: Thursday, February 8
Session(s): 1
Time: 1:00 p.m. - 3:00 p.m.
Location: NWTC
Limit: 10
Fee: \$10 fee due at the time of registration to guarantee your seat in the class.

Diamond Art is a relatively new creative hobby that continues to increase in popularity. It is considered by many to be a type of mindfulness-based art therapy. Diamond Art is fun, requires no artistic skills and is easy to do. Join us for a relaxing afternoon creating something beautiful. This class is designed for individuals new to Diamond Art. We will cover basic skills and techniques. \$10 fee payable at registration for a Diamond Art kit and tools.

Digital Footprint

Course #: 34

Presenter: Chad Mielke
Coordinator: Mike LeClair, 920-901-9955
E-Mail: michealn.leclair@yahoo.com
Date: Tuesday, March 26
Session(s): 1
Time: 1:00 p.m. - 3:00 p.m.
Location: NWTC
Limit: 20

Chad Mielke, Digital Forensics Investigator for the Sturgeon Bay Police Department presents Digital Footprint.

Dillon's Law-

How You Can Help to Save a Life

Course #: 35

Presenter: Angel Mueller
Coordinator: Don Guth, 920-255-3174
E-Mail: donguth@icloud.com
Date: Tuesday, April 2
Session(s): 1
Time: 1:00 p.m. - 3:00 p.m.
Location: NWTC
Limit: 30

The lecture and skills training will enable you to recognize a severe allergic reaction and administer the lifesaving medication, epinephrine. When you leave this course, you will be state-certified to administer epinephrine and be protected from liability under Wisconsin law.

Door 44 Winery/Vineyard Tour and Tasting

Course #: 36

Presenter: Steve Johnson
Coordinator: Sher Rockway, 630-846-1052
E-Mail: Shrock10@gmail.com
Date: Thursday, May 9
Session(s): 1
Time: 1:00 p.m. - 3:00 p.m.
Location: Door 44 Winery
Limit: 25
Fee: \$10 fee due at the time of registration to guarantee your seat in the class.

Door 44 Winery/Vineyard Sturgeon Bay Tour and Tasting: Five S's of Wine Appreciation. Walk in our Door 44 Vineyard where we will discuss everything from soil to glass, as well as how and why we grow and make the wine we do. We will eventually end up in the production area. Along the way, we will sample five different wines and demonstrate the five S's of wine appreciation. We will discuss the basics of wine growing and wine making but also delve into such subjects as terroir, wine appellations, and wine chemistry, in other words, the joy of wine. Please note that this class includes walking and standing.

HELPFUL HINTS FOR A FULFILLING SEMESTER

Please note: in the interest of saving ink and a few trees, most handouts will be digital/email only.

Door County Land Trust: Ship Canal Walk A.M.

Course #: 37

Presenter: Carl Cochrane
Coordinator: Bill Utley, 920-333-0523
E-Mail: butley2@gmail.com
Date: Thursday, May 16
Session(s): 1
Time: 10:00 a.m. - 12:00 p.m.
Location: Sturgeon Bay Ship Canal
Limit: 15

Carl Cochrane, retired biology/environmental science teacher from Sturgeon Bay High School, knows the Ship Canal Preserve like no one else. Join Carl as he leads a relaxed walking tour of the preserve, pointing out its unique topography, endangered plant and animal species, and the fascinating human history of the largest tract of undeveloped land within the city limits. The hike, over uneven terrain, is about 1.5 miles, may be standing for long periods of time. Map and directions will be emailed to participants.

Door County Land Trust: Ship Canal Walk P.M.

Course #: 38

Presenter: Carl Cochrane
Coordinator: Bill Utley, 920-333-0523
E-Mail: butley2@gmail.com
Date: Thursday, May 16
Session(s): 1
Time: 1:00 p.m. - 3:00 p.m.
Location: Sturgeon Bay Ship Canal
Limit: 15

Carl Cochrane, retired biology/environmental science teacher from Sturgeon Bay High School, knows the Ship Canal Preserve like no one else. Join Carl as he leads a relaxed walking tour of the preserve, pointing out its unique topography, endangered plant and animal species, and the fascinating human history of the largest tract of undeveloped land within the city limits. The hike, over uneven terrain, is about 1.5 miles, may be standing for long periods of time. Map and directions will be emailed to participants.

Door Peninsula Astronomical Society – What are we all about?

Course #: 39

Presenter: David A. Lenius, President DPAS
Coordinator: John Swanson, 920-743-4786
E-Mail: swanpiper@yahoo.com
Date: Thursday, February 22
Session(s): 1
Time: 1:00 p.m. - 3:00 p.m.
Location: Astronomy Center at Crossroads Grounds
Limit: 30

This course will go over all the things that DPAS contributes to the community. It will go over the reason we exist, a brief history of the organization, an overview of the equipment we use, and a stunning visual presentation of astronomical photos that have been taken at the Observatory with our equipment. When the presentation is over a tour of the astronomy campus will take place.

Door Peninsula Winery Tour

Course #: 40

Presenter: TBD
Coordinator: John Swanson, 920-743-4786
E-Mail: swanpiper@yahoo.com
Date: Tuesday, March 19
Session(s): 1
Time: 1:00 p.m. - 3:00 p.m.
Location: Door Peninsula Winery
Limit: 25

Join us on a historic tour of Door Peninsula Winery and Door County Distillery which is in the same building. This does not include a tour of the vineyard.

Door Peninsula Winery Tour

Course #: 41

Presenter: TBD
Coordinator: Chip Manthey, 920-819-0234
E-Mail: chippic_2000@yahoo.com
Date: Wednesday, April 24
Session(s): 1
Time: 1:00 p.m. - 3:00 p.m.
Location: Door Peninsula Winery
Limit: 25

Join us on a historic tour of Door Peninsula Winery and Door County Distillery which is in the same building. This does not include a tour of the vineyard.

Exploring Yoga

Course #: 42

Presenter: Dwight Zeller
Coordinator: Sher Rockway, 920-846-1052
E-Mail: shrock10@gmail.com
Date: Tuesday, February 13
Session(s): 1
Time: 1:00 p.m. - 3:00 p.m.
Location: YMCA, Sturgeon Bay
Limit: 21

Yoga is for everyone! Did you know that the health benefits of Yoga are sometimes referred to as anti-aging? Yoga poses can improve circulation, flexibility, balance, strength, and even memory. Not only are these great benefits, but the meditation techniques can help decrease stress levels and improve mental focus. There are many styles of Yoga. In this class we will explore the history of yoga and practice some of the gentle poses that can be done sitting, standing, or even lying down. Please come comfortably dressed in good shoes with non-slip soles.

Fighting the Blues with Greens and Other Plant Foods

Course #: 43 In-Person

Course #: 43 Zoom

Presenter: Cathy Keller
Coordinator: Bonnie Connolly, 920-746-9199
E-Mail: dconnoll@charter.net
Date: Monday, March 18
Session(s): 1
Time: 10:00 a.m. - 12:00 p.m.
Location: NWTC/Zoom
Limit: 30 In-person, 12 Zoom

Healthy food choices can have a powerful effect on mood. A study published in 2014 in the "American Journal of Clinical Nutrition" suggests that people who eat plant rich diets have lower rate of depression. Common food, from green, leafy vegetables to your basic garden tomato, may positively affect your brain.

Fire Investigation

Course #: 44

Presenter: Todd Haltaufderheid
Coordinator: Don Guth, 920-255-3174
E-Mail: donguth@icloud.com
Date: Wednesday, February 7
Session(s): 1
Time: 10:00 a.m. - 12:00 p.m.
Location: NWTC
Limit: 30

Introduction to basic fire investigation and municipal obligation to investigate. The methodology of a scientific investigation will be presented. Todd is a retired police officer, fire fighter, medical first responder and insurance fraud investigator. This will be similar to classes he has given to many fire and police departments.

First Amendment - Political Speech

Course #: 45

Presenter: Michael Modl
Coordinator: Jill Gaertner, 414-902-3676
E-Mail: jillottog@gmail.com
Date: Monday, April 29
Session(s): 1
Time: 1:00 p.m. - 3:00 p.m.
Location: NWTC
Limit: 30

One of the core protectors of the First Amendment to the United States constitution is political speech. Rights protected under the First Amendment are similar to rights protected under other amendments are not absolute. This class will examine political speech rights under the First Amendment and what is and is not protected.

HELPFUL HINTS FOR A FULFILLING SEMESTER

KEEP YOUR CATALOG and **confirmation letter or email** for future reference! Find course listings, coordinator contact information, times, dates, location, and fees. You will also find the catalog, updates and/or changes to the schedule on our website at nwtc.edu/LIR.

Friends helping Friends Prevent Suicide

Course #: 46 In-Person

Course #: 46 Zoom

Presenter: Cori McFarlane and Monica Nelson

Coordinator: Monica Nelson, 920-495-7832

E-Mail: mnelson6149@yahoo.com

Date: Tuesday, May 7

Session(s): 1

Time: 1:00 p.m. - 3:00 p.m.

Location: NWTC/Zoom

Limit: 30 In-person, 20 Zoom

Cori and Monica are members of Prevent Suicide Door County – Nathan Wilson Coalition and have received training through the QPR Institute. Question – Persuade – Refer Gatekeeper Training provides a starting point for friends, family, co-workers, volunteers, and neighbors who are concerned about the well-being of an individual and in assisting them in connecting to resources that support them through mental health challenges and save lives in a crisis. QPR is an intervention strategy based on Hope. Discussion of suicide myths, misconceptions, and warning signs will be included.

Garden Totems

Course #: 47

Presenter: Miriam Malenius

Coordinator: Hein Moritz, 865-292-8675

E-Mail: hein@moritz.com

Date: Thursday, April 18

Session(s): 1

Time: 10:00 a.m. - 12:00 p.m.

Location: NWTC

Limit: 12

Fee: \$18 fee due at the time of registration to guarantee your seat in the class.

In this class you will create a garden totem with PVC pipe as the base. A variety of materials, i.e., duct tape, electrical tape, fabric strips, plastic strips, wire, beads will be applied to create designs. These are fun to make and will make a colorful addition to your garden.

Get The Most out of Photography!

Course #: 48

Presenter: Chip Manthey

Coordinator: Tom Esau, 920-868-5177

E-Mail: us4rloons@gmail.com

Date: Tuesday, April 30

Session(s): 1

Time: 1:00 p.m. - 3:00 p.m.

Location: NWTC

Limit: 30

Explore the operations for digital photography with experienced photographer, Chip Manthey. The class will cover the basics of the camera, composition, lighting exposure, and much more.

Ghost Ports and Shipwrecks of Clay Banks

Course #: 49

Presenter: Doug Weimer

Coordinator: John Koski, 920-493-9344

E-Mail: sturgeonbay2@gmail.com

Date: Monday, April 1

Session(s): 1

Time: 10:00 a.m. - 12:00 p.m.

Location: NWTC

Limit: 30

Doug will take us on a historical tour of some of the earliest Door County Lumber Boomtown locations. He will share with us his knowledge of towns, piers, and shipwrecks that have disappeared.

Google Apps

Course #: 50

Presenter: Mary Koski and Betsy Koski

Coordinator: Mary Koski, 920-493-9345

E-Mail: marykoski25@gmail.com

Date: Monday, May 6

Session(s): 1

Time: 1:00 p.m. - 3:00 p.m.

Location: NWTC

Limit: 15

Let's spend an afternoon looking at the free apps in Google. We will explore photos, translate, travel, maps, earth, arts and culture, shopping, news, calendar, finance, and more. We will briefly touch on Google Classroom; in case you have family members in school. There is no need to download these apps. They are built into Google.

Google Sheets, Slides, and Forms

Course #: 51

Presenter: Mary Koski and Betsy Koski
Coordinator: Mary Koski, 920-493-9345
E-Mail: marykoski25@gmail.com
Date: Monday, April 22
Session(s): 1
Time: 1:00 p.m. - 3:00 p.m.
Location: NWTC
Limit: 15

Google Sheets (Spreadsheets) is a versatile program used for data, budgets, and more. This will be a brief overview of this powerful aspect of Google. Google Slides is best known for creating presentations. It can also be used to create virtual books. Google Forms can be used to create surveys, invitations, organize tasks and more.

Google Docs and Drive

Course #: 52

Presenter: Mary Koski and Betsy Koski
Coordinator: Mary Koski, 920-493-9345
E-Mail: marykoski25@gmail.com
Date: Wednesday, April 17
Session(s): 1
Time: 1:00 p.m. - 3:00 p.m.
Location: NWTC
Limit: 15

Join us to learn the basics of Google Docs, a free program used for a word processing. We will review formatting tools, editing tools, and templates. We will use the share function of Google, one of the most useful ways to allow others to view, comment, or edit documents. We will also learn how to insert photos and links from the internet.

The remainder of our class will be used to organize the files you have created on the drive – think hard drive, but in the cloud.

HELPFUL HINTS FOR A FULFILLING SEMESTER

INCLEMENT WEATHER?

When Sturgeon Bay Public School OR NWTC classes are canceled due to inclement weather, DCLIR classes will also be canceled. Watch or listen for school closings on your local TV or radio stations or check NWTC's website at nwtc.edu.

Grandma Lena's Raviolis

Course #: 53

Presenter: Bonnie Connolly and Joan Mahoney
Coordinator: Audrey Perry, 920-255-3100
E-Mail: aapwi61@gmail.com
Date: Wednesday, April 3
Session(s): 1
Time: 10:00 a.m. - 1:00 p.m.
Location: NWTC Kitchen
Limit: 11
Fee: \$12 fee due at the time of registration to guarantee your seat in the class.

Join Bonnie Connolly and Joan Mahoney in preparing Grandma's Sicilian ricotta raviolis. This hands-on class will use modern methods to make ricotta cheese, pasta, and a simple tomato sauce to create a traditional holiday course. You will leave with recipes and a desire to keep Grandma Lena's ravioli in your culinary repertoire. (Please bring an apron)

Growing Roses

Course #: 54

Presenter: Father Tony Birdsall
Coordinator: Ann Emmerich, 920-743-9525
E-Mail: enid3420@gmail.com
Date: Wednesday, March 13
Session(s): 1
Time: 1:00 p.m. - 3:00 p.m.
Location: NWTC
Limit: 30

Growing roses in the Midwest can be a challenging feat! In this class you will hear Father Birdsall's secrets on growing roses in Door County.

Growing Up in the 50's

Course #: 55

Presenter: Jim Rabas
Coordinator: Don Guth, 920-255-3174
E-Mail: donguth@icloud.com
Date: Monday, March 4th
Session(s): 1
Time: 1:00 p.m. - 3:00 p.m.
Location: NWTC
Limit: 30

Really needs no explanation. Come enjoy and reminisce. Davy Crockett caps and Micky Mouse Ears permitted. Hula Hooping at recess.

Guardianship Basics

Course #: 56 In-Person

Course #: 56 Zoom

Presenter: Jennifer Moeller, Door County Circuit Court Commissioner & Register in Probate

Coordinator: Mary Koski, 920-493-9345

E-Mail: marykoski25@gmail.com

Date: Monday, February 12

Session(s): 1

Time: 1:00 p.m. - 3:00 p.m.

Location: NWTC/Zoom

Limit: 30 In-person, 20 Zoom

Guardianship Probate Basics is an overview of guardianship law, including 2021 modifications to Wisconsin law. Attendees will learn about the different types of guardianships and alternatives to guardianship. Time will be set aside for questions. No legal advice will be provided.

Hardanger

Course #: 57

Presenter: Lana Ferry

Coordinator: Laure Zenefski, 920-734-4333

E-Mail: laureze@hotmail.com

Date: Monday, February 19 & 26 and March 4, 11, 18, and 25

Session(s): 6

Time: 10:00 a.m. - 12:00 p.m.

Location: Bay View Lutheran

Limit: 15

Fee: \$10 for the kit, payable at the first class. (No fee if you have the kit)

Come learn the art of a heritage Norwegian stitchery called Hardanger (har-dung-er), a beautiful, decorative embroidery. This is a form of counted thread cutwork that combines satin stitch, buttonhole stitch, drawn work and needle weaving. This makes an intricate and fascinating needlework project. Whether you are new, intermediate or an advanced student, all levels of expertise are welcome! Some students are "hooked" and love this creative embroidery. Please bring your sewing magnifier light and embroidery scissors if you have them. The \$10.00 fee is to cover the cost of the kit. If you already have the kit, no fee is necessary.

Healthy and Affordable Cooking for One (or Two)

Course #: 58

Presenter: Shauna Blackledge, Public Health Educator

Coordinator: Suzanne Holvenstot, 920-743-1089

E-Mail: suzscott7@icloud.com

Date: Tuesday, February 13

Session(s): 1

Time: 10:00 a.m. - 12:00 p.m.

Location: NWTC Kitchen

Limit: 10

Learn how to cook economically and healthy! We will dive into nutrition labels and compare package volumes and pricing. The presenter will cook various versatile ingredients and highlight how to incorporate them into several recipes to create a flavorful menu for the week with a limited grocery list. We will discuss meal prepping, freezing and how to stretch proteins by incorporating more vegetables.

Healthy and Affordable Cooking for One (or Two)

Course #: 59

Presenter: Shauna Blackledge, Public Health Educator

Coordinator: Pat Bopray, 920-621-6635

E-Mail: pathar6635@live.com

Date: Tuesday, February 20

Session(s): 1

Time: 10:00 a.m. - 12:00 p.m.

Location: NWTC Kitchen

Limit: 10

Learn how to cook economically and healthy! We will dive into nutrition labels and compare package volumes and pricing. The presenter will cook various versatile ingredients and highlight how to incorporate them into several recipes to create a flavorful menu for the week with a limited grocery list. We will discuss meal prepping, freezing and how to stretch proteins by incorporating more vegetables.

Heins Creek Story

Course #: 60

Presenter: Marilyn Hein
Coordinator: Gwenn Graboyes, 414-315-4546
E-Mail: gwenn.graboyes@gmail.com
Date: Monday, April 15
Session(s): 1
Time: 1:00 p.m. - 3:00 p.m.
Location: NWTC
Limit: 30

This PowerPoint presentation is based on my recently updated book *The Heins Creek Story*. I take the audience on a walk along the trail at Heins Creek, through the dunes, the mesic forest, and the creek. The unfolding story, told through geology, archaeology, ecology, and family history, is a glimpse into how the past is always with us in the present. The story reveals how everything flows together in the dynamic story being told by Heins Creek, the Door County Peninsula, and the Great Lakes.

High Pointing:

Exploring America's Rooftops

Course #: 61

Presenter: Kevin Quinn
Coordinator: John Koski, 920-493-9344
E-Mail: sturgeonbay2@gmail.com
Date: Thursday, February 1
Session(s): 1
Time: 10:00 a.m. - 12:00 p.m.
Location: NWTC
Limit: 30

High pointing is the attempt to get to the highest point in each of the 50 states in the US. Denali in Alaska is the "highest" State highpoint at 20,310 ft whereas Britton Hill in Florida is the "lowest" state highpoint at 345 ft. Did you know that far more people have summited Mt. Everest, the world's highest mountain, than have stood on the highest point in each of the 50 states? In this presentation, Kevin will describe in words and pictures, his decades long pursuit of high pointing, as well as the history behind this unusual hobby. Spoiler alert: Kevin has made it to 44 of the 50 state highpoints.

Holocaust: Millie's Story Revisited

Course #: 62

Presenter: Marcia Kritzler-Egeland
Coordinator: Bill Utley, 920-333-0523
E-Mail: butley2@gmail.com
Date: Thursday, May 9
Session(s): 1
Time: 10:00 a.m. - 12:00 p.m.
Location: NWTC
Limit: 30

Marcia will tell the story of her mother, Mildred Straahs-Kritzler, beginning with her permanent separation from her parents at age 9, and her rescue by the American Quakers resulting in her arrival in the United States in 1941 at age 12. Marcia's presentation includes detailed facts of her mother's escape as well as information about the fate of her parents and the escape of her brother Walter from the death camps.

How Technology Has Impacted our Lives: An Interactive Experience

Course #: 63

Presenter: John Koski
Coordinator: Renee Bauernfeind, 920-246-4682
E-Mail: rjk2247@gmail.com
Date: Tuesday, March 12
Session(s): 1
Time: 10:00 a.m. - 12:00 p.m.
Location: NWTC
Limit: 30

Those of us privileged to call ourselves senior citizens are a generation that has been impacted by technology more than any previous generation. Our journey begins, arbitrarily, 75 years ago - 1949 when aerosol paint and crash test dummies were invented. In this presentation, we will travel through the years, stopping along the way to talk about how technology has impacted our lives in positive, negative, and humorous ways. The presenter will provide personal anecdotes and participants are invited to share their own experiences. This presentation is designed to be fun, interactive, and nostalgic.

Ireland and Its Poets

Course #: 64

Presenter: Mike and Cheryl Murphy
Coordinator: Mary Beth Williams, 920-746-4070
E-Mail: mbwilliams3045@gmail.com
Date: Tuesday, March 5
Session(s): 1
Time: 1:00 p.m. - 3:00 p.m.
Location: NWTC
Limit: 30

The small island of Ireland has produced an astonishingly large number of famous dramatists, novelists, and poets, including four Nobel Prize winners. This course will discuss some famous Irish poems in the context of the colorful lives and turbulent times of their authors. The poems, accompanied by harp music and many photos, provide both a pictorial overview of Ireland's lovely landscapes and a capsule summary of Ireland's troubled history.

Is An Electric Car Right for you? (1)

Course #: 65

Presenter: Guy Fortin
Coordinator: Bill Utley, 920-333-0115
E-Mail: butley2@gmail.com
Date: Tuesday, May 14
Session(s): 1
Time: 10:00 a.m. - 12:00 p.m.
Location: Meet at the Door County Coffee
Parking lot
Limit: 12

Is there an E.V. (Electric Vehicle) in your future? The odds are getting better that your next vehicle, new or used, will be electrically powered, some way or another. If so, what are the pros and cons in your decision to purchase an E.V.? We will discuss the initial cost, maintenance cost, repair cost, and government rebates. These topics and many others will be addressed in the presentation. As a bonus, after class, if time permits, you will have an opportunity to drive an E.V. if interested.

Is An Electric Car Right for you? (2)

Course #: 66

Presenter: Guy Fortin
Coordinator: Bill Utley, 920-333-0115
E-Mail: butley2@gmail.com
Date: Tuesday, May 14
Session(s): 1
Time: 1:00 p.m. - 3:00 p.m.
Location: Meet at the Door County Coffee
Parking lot
Limit: 12

Is there an E.V. (Electric Vehicle) in your future? The odds are getting better that your next vehicle, new or used, will be electrically powered, some way or another. If so, what are the pros and cons in your decision to purchase an E.V.? We will discuss the initial cost, maintenance cost, repair cost, and government rebates. These topics and many others will be addressed in the presentation. As a bonus, after class, if time permits, you will have an opportunity to drive an E.V. if interested.

Is An Electric Car Right for you? (3)

Course #: 67

Presenter: Guy Fortin
Coordinator: Bill Utley, 920-333-0115
E-Mail: butley2@gmail.com
Date: Wednesday, May 15
Session(s): 1
Time: 10:00 a.m. - 12:00 p.m.
Location: Meet at the Door County Coffee
Parking lot
Limit: 12

Is there an E.V. (Electric Vehicle) in your future? The odds are getting better that your next vehicle, new or used, will be electrically powered, some way or another. If so, what are the pros and cons in your decision to purchase an E.V.? We will discuss the initial cost, maintenance cost, repair cost, and government rebates. These topics and many others will be addressed in the presentation. As a bonus, after class, if time permits, you will have an opportunity to drive an E.V. if interested.

"It's Ok Not to Be Ok"

Course #: 68

Presenter: Roy Jilburg, Jacob VandenPlas,
Sam Burress

Coordinator: Cheryl Meingast, 920-256-0701

E-Mail: cmeingast@yahoo.com

Date: Wednesday, May 8

Session(s): 1

Time: 10:00 a.m. - 12:00 p.m.

Location: NWTC Room 113

Limit: 20

Personal stories and resources will be shared about mental illnesses and to help end the shame of seeking help to address mental illness. Questions and answers are encouraged.

Joint Pain

Course #: 69

Presenter: Dr. Daniel Tomaszewski

Coordinator: Mary Beth Williams, 920-746-4070

E-Mail: mbwilliams3045@gmail.com

Date: Wednesday, April 10

Session(s): 1

Time: 1:00 p.m. - 3:00 p.m.

Location: NWTC

Limit: 25

Dr. Tomaszewski, DCMC Orthopedic Surgeon will discuss, in an open forum format, the symptoms, causes, and treatment options of joint pain. Participants are encouraged to ask questions during the presentation.

Learn the Art of Wool Applique

Course #: 70

Presenter: Cathy Conger

Coordinator: Mary Koski, 920-493-9345

E-Mail: marykoski25@gmail.com

Date: Monday, February 19

Session(s): 1

Time: 1:00 p.m. - 3:00 p.m.

Location: NWTC

Limit: 10

We will make a wool coaster from wool pieces that will be applied down with perle cotton buttonhole stitches. You will learn to use fusible web, where to obtain wool for applique, and how to do the buttonhole stitch.

Let's Make Our Brains Better!

Course #: 71 In-Person

Course #: 71 Zoom

Presenter: Dr. Rolf Lulloff and LaReina Tipping

Coordinator: John Larson, 715-446-2658

E-Mail: jmlpack@yahoo.comonly

Date: Monday, May 6

Session(s): 1

Time: 10:00 a.m. - 11:00 a.m.

Location: NWTC/Zoom

Limit: 30 In-person, 25 Zoom

Your brain health journey starts here! Learn about the key habits and protective measures under your control to promote healthy aging and maintain good cognitive health throughout life. Key presentation points will include brain foods and nutrition, brain and body benefits of physical exercise and restorative sleep, appropriate stress management and social stimulation as well as avoidance of toxins. Become aware of neuroplasticity – our brain's amazing ability to adapt, change and create new pathways in response to experiences, new information or damage.

Many Hands: Laugh and Learn about Your Grandkids – and Their Parents.

Course #: 72 Zoom

Presenter: Cheryl Stritzel McCarthy

Coordinator: Mary Koski, 920-493-9345

E-Mail: marykoski25@gmail.com

Date: Tuesday, February 27

Session(s): 1

Time: 1:00 p.m. - 3:00 p.m.

Location: Zoom

Limit: 30

Author presentation of the rollicking true story of a family of nine children growing up in a Midwest town in the '60's and 70's. Through excerpts from her hilarious book "Many Hands Make Light Work: A Memoir", author Cheryl Stritzel McCarthy shares stories of how families used to do it. Reviewers have called it "a blueprint for the modern family", "utterly delightful" and "the most cheerful childhood memoir ever." There is a limited number of this book available for purchase in the DCLIR office.

Marketplace & Medicare: Know Your Options

Course #: 73 In-Person

Course #: 73 Zoom

Presenter: Melissa Andrews

Coordinator: Jill Gaertner, 414-902-3676

E-Mail: jillottog@gmail.com

Date: Thursday, February 8

Session(s): 1

Time: 10:00 a.m. - 12:00 p.m.

Location: NWTC/Zoom

Limit: 30 In-person, 20 Zoom

Are you overwhelmed and unsure about your health insurance options? Are you or your spouse planning retirement and need guidance on developing a plan? Join Melissa Andrews of Olive Benefits for an educational session discussing your health insurance options and gain tips on how to compare them, ensuring you make an informed choice.

Modern Dairy Farm Tour

Course #: 74

Presenter: Richard Olson

Coordinator: John Larson, 715-446-2658

E-Mail: jmlpack@yahoo.com

Date: Thursday, April 11

Session(s): 1

Time: 10:00 a.m. - 12:00 p.m.

Location: Olson Family Farms

Limit: 20

We will have a tour of our robotic milking facility and a chance to see how our animals are raised, fed, and cared for.

HELPFUL HINTS FOR A FULFILLING SEMESTER

DO YOU WANT TO REGISTER FOR ADDITIONAL CLASSES?

- Check online member portal.
- You will be able to register for a class if space is available. If the class has been filled you have the option of choosing the Wait List.

No Waste Building

Course #: 75

Presenter: Douglas and Julie Burich

Coordinator: Sally Everhardus, 920-883-8819

E-Mail: sallyeverhardus@yahoo.com

Date: Thursday, May 2

Session(s): 1

Time: 1:00 p.m. - 3:00 p.m.

Location: Egg Harbor

Limit: 10

How using previously used materials can bring your dreams of a garden shed and garden art to a reality. Doug will present how the idea of a garden shed and obelisks became a reality using repurposed materials. We will discuss how materials were sourced and how to find them. A tour of their garden shed in Egg Harbor is included.

Old Newspapers

Course #: 76

Presenter: Virginia Feld Johnson

Coordinator: Don Guth, 920-255-3174

E-Mail: donguth@icloud.com

Date: Tuesday, April 16

Session(s): 1

Time: 1:00 p.m. - 3:00 p.m.

Location: NWTC

Limit: 30

The stories in the old newspapers are as hilarious as they are tragic. There was very little privacy, no political correctness etc. It doesn't matter which old paper one reads: blood, guts, sex, and violence attracted readership in 1880 as much as movies do today. If you enjoyed Virginia's classes "Christmas Tree Ship" and "The Night it Rained Fire", You would enjoy this.

Paper Basket Weaving

Course # 77

Presenter: Megan Dietz
Coordinator: Mary Koski, 920-493-9345
E-Mail: marykoski25@gmail.com
Date: Fridays, March 1, 8, and 15
Session(s): 3
Time: 9:00 a.m. - 12:00 p.m.
Location: NWTC
Limit: 8
Fee: \$25 fee due at the time of registration to guarantee your seat in the class.

Learn to weave a basket from beautifully painted paper. In the first session you will be painting your paper using a variety of acrylic paints. The other two sessions will be devoted to weaving the paper into a cat-head style basket that is a perfect size to use on a table as a candy dish or to hold artificial flowers. No prior weaving experience is necessary; all necessary materials are provided. Baskets can be decorated with beads (not provided.) Contact presenter at bayshorebaskets@yahoo.com prior to class for information on bead sizes and quantities, which will be discussed during the first class.

NOTE: YOU MUST BE PRESENT AT THE FIRST CLASS IF YOU WISH TO CONTINUE.

First class: Wear old clothes. Bring stamps, sponges, or special brushes if you like; paint and basic brushes will be provided. You will be painting your own paper for your basket, and it can get messy!

Second and third classes: bring a pencil, ruler, or tape measure (measure up to 6 inches), and sharp scissors for paper. Paper, floss, and other tools will be provided.

HELPFUL HINTS FOR A FULFILLING SEMESTER

HAVE YOU CHECKED YOUR E-MAIL?

Technology – can't live with it, can't live without it! Our main communication with members is via e-mail. We send out reminders, announcements, class changes or cancellations, special meetings, and notices which may happen 'last minute'. Please check your e-mail on a regular basis and let us know if your e-mail address has changed. Thank you!

Paper Basket Weaving - Advanced

Course #: 78

Presenter: Megan Dietz
Coordinator: Mary Koski, 920-493-9345
E-Mail: marykoski25@gmail.com
Date: Fridays, April 12, 19, and 26
Session(s): 3
Time: 9:00 a.m. - 12:00 p.m.
Location: NWTC
Limit: 8
Fee: \$25 fee due at the time of registration to guarantee your seat in the class.

Expand your paper weaving skills by creating a hanging basket out of beautifully painted paper. In the first session you will be painting your paper using a variety of acrylic paints. The other two sessions will be devoted to weaving the paper into a flat backed basket with a handle long enough to hang over a doorknob or on a wall. Must have taken Paper Basket Weaving class through LIR previously to take this class. This class is not suitable for brand new weavers. All necessary materials are provided; however baskets can be decorated with beads provided by the participant. Contact presenter at bayshorebaskets@yahoo.com prior to the class for information on bead sizes and quantities, which will be discussed during the first class.

NOTE: YOU MUST BE PRESENT AT THE FIRST CLASS IF YOU WISH TO CONTINUE.

First class: Wear old clothes. Bring stamps, sponges, or special brushes if you like. Paint and basic brushers will be provided. You will be painting our own paper for your basket, and it can get messy! **Second and third classes:** bring a pencil, ruler, or tape measure (measure up to 6 inches), and sharp scissors for paper. Paper, floss, and other tools will be provided. **Material fee:** \$25 will paint enough paper to make at least 2 baskets although we will focus on completing one during the class.

Pictures at an Exhibition: Exploring Musical Ekphrasis

Course #: 79

Presenter: Allyson Fleck
Coordinator: Mary Beth Williams, 920-746-4070
E-Mail: mbwilliams3045@gmail.com
Date: Monday, April 1 and 8
Session(s): 2
Time: 1:00 p.m. - 3:00 p.m.
Location: NWTC
Limit: 25

Dive into the intriguing world of musical ekphrasis with "Pictures at an Exhibition," a curated journey that illuminates the confluence of art, poetry, and classical music. For over half a decade, Midsummer's Music has pioneered collaborative programming in Door County, blending the sonic landscapes of classical melodies with the evocative expressions of local artists and poets. These talented individuals have crafted new, inspired works after immersing themselves in musical compositions, exemplifying the profound relationship between the auditory, visual, or written mediums.

Throughout this course, participants will discover mosaics created when music dialogues with the written word and visual art. Together, we will probe the symbiotic connections, celebrating both globally acclaimed compositions and the rich talents found in our local Door County community. Join us in this multidisciplinary exploration and witness firsthand the magic that ensues when melodies inspire brush strokes and poetic lines.

Plain Language and Contemporary Poetry

Course #: 80

Presenter: Peter and Carrie Sherrill
Coordinator: Janet Uteg, 706-781-5901
E-Mail: msuteg@gmail.com
Date: Wednesday, March 20 and 27
Session(s): 2
Time: 1:00 p.m. - 3:00 p.m.
Location: NWTC
Limit: 12

Poetry that everyone can understand. An emphasis on interesting forms. Tips and tricks for writing based on individual life experiences. Handouts will be provided.

Playing with Paper

Course #: 81

Presenter: Pat Bopray & Sally Everhardus
Presenters and Coordinators
Coordinator: Sally Everhardus, 920-883-8819
E-Mail: sallyeverhardus@yahoo.com
Date: Thursday, April 4
Session(s): 1
Time: 1:00 p.m. - 3:30 p.m.
Location: NWTC
Limit: 8-10
Fee: \$12 fee due at the time of registration to guarantee your seat in the class.

Using handmade papers, participants will learn how to transform flat material into useable, decorative pieces. We will start by making a paper bowl and along the way learn how to apply the technique to other forms. Students should dress in old clothes and be prepared to get messy. Bring one heavy duty brown paper grocery bag. All other materials will be furnished.

Polymer Clay: Endless Possibilities

Course #: 82

Presenter: Pat Bopray
Coordinator: Sally Everhardus, 920-883-8819
E-Mail: sallyeverhardus@yahoo.com
Date: Thursday, March 7 and 14
Session(s): 2
Time: 1:00 p.m. - 3:30 p.m.
Location: NWTC Room 113
Limit: 6
Fee: \$10 fee due at the time of registration to guarantee your seat in the class.

Always wanted to try poly clay but didn't know where to begin? Learn the basics about working with this endlessly flexible medium. During the first session you will learn to blend colors using cubes of polymer clay to make the building blocks for session two. The following week you will fabricate your work into a decorative sheet of clay to make a switch plate, a small bowl, plant stick, buttons, lapel pin or pencil holder. All participants will leave with a finished piece and the confidence to pursue future projects in polymer clay.

Probate Basics

Course #: 83 In-Person

Course #: 83 Zoom

Presenter: Jennifer Moeller

Coordinator: Mary Koski, 920-493-9345

E-Mail: Marykoski25@gmail.com

Date: Monday, March 11

Session(s): 1

Time: 10:00 a.m. - 12:00 p.m.

Location: NWTC/Zoom

Limit: 30 In-person, 20 Zoom

Probate Basics is an overview of probate court including discussion concerning wills, probate of estate, and select issues related to guardianship. Attendees will learn what happens when a person passes away. We will discuss considerations before a death. Time will be set aside for questions. No legal advice will be provided.

Quality and Safety at Door County Medical Center

Course #: 84 In-Person

Course #: 84 Zoom

Presenter: Brian Stephens CEO;
Nancy Daoust Chief Quality officer;
Jenna Jennerjohn Quality Director

Coordinator: Mary Koski, 920-493-9345

E-Mail: marykoski25@gmail.com

Date: Monday, February 26

Session(s): 1

Time: 1:00 p.m. - 3:00 p.m.

Location: NWTC/Zoom

Limit: 30 In-person, 25 Zoom

How does a small hospital maintain a high level of quality and safety to ensure that our community is receiving the best care and experience available. It is not without a lot of dedication, measurement, and continuous improvement. In this session, we'll dive into some of the hundreds of quality metrics that are tracked at Door County Medical Center, find out how we stack up compared to other facilities throughout the country, and discuss our culture of continuous improvement that allows us to improve in areas of opportunity.

Quantum Technology - Basic Cyber and Internet Security

Course #: 85 In-Person

Course #: 85 Zoom

Presenter: Nathan Drager

Coordinator: Renée Bauernfeind, 920-246-4682

E-Mail: rjk2247@gmail.com

Date: Thursday, March 28

Session(s): 1

Time: 1:00 p.m. - 3:00 p.m.

Location: NWTC/Zoom

Limit: 30 In-person, 25 Zoom

The focus of this class will be on the new types of remote scams, often triggered by a phone call, or pop-up ad on the victim's computer. We will be presenting information on how to identify these types of scams, and how to take proactive and preventive measures against these attacks. This will include the proper implementation and use of security and firewall software, as well as an understanding of the concepts and techniques employed in these attacks. We will also touch on what steps to take if you have been the target of an attack, how to secure the device, and what can be done to further protect your credit and identity.

Quantum Technology: Basics of Wi-Fi

Course #: 86 In-Person

Course #: 86 Zoom

Presenter: Nathan Drager

Coordinator: Renée Bauernfeind, 920-246-4682

E-Mail: rjk2247@gmail.com

Date: Tuesday, April 16

Session(s): 1

Time: 10:00 a.m. - 12:00 p.m.

Location: NWTC/Zoom

Limit: 30 In-Person, 25 Zoom

This course will teach you the basics of Wi-fi and demonstrate how to get the most out of your wireless network. Topics will include proper router setup and placement, wireless security, addressing dead spots, how to lower your internet bill, extenders, and alternatives to ISP-provided Wi-Fi. We will also be providing demonstrations on wireless printing techniques to enable printing from phones and tablets.

Quantum Technology: Computer Backup and Disaster Recovery

Course #: 87 In-Person

Course #: 87 Zoom

Presenter: Nathan Drager

Coordinator: Renée Bauernfeind, 920-246-4682

E-Mail: rjk2247@gmail.com

Date: Thursday, May 9

Session(s): 1

Time: 1:00 p.m. - 3:00 p.m.

Location: NWTC/Zoom

Limit: 30 In-Person, 25 Zoom

The focus of this course will be on backing up your computer, with an emphasis on building a routine, automated backup system. Instruction will be given on performing this task using the free, built-in tools included with both Mac and Windows operating systems. We will discuss various types of backup devices, how to backup multiple devices to One Drive, cloud storage and offsite backup options, and how to restore your computer from a backup.

Quantum Technology: Learning to Use Your Apple/Mac Device

Course #: 88 In-Person

Course #: 88 Zoom

Presenter: Erin Helgeson

Coordinator: Gwen Graboyes, 414-315-4546

E-Mail: gwenn.graboyes@gmail.com

Date: Monday, May 13

Session(s): 1

Time: 10:00 a.m. - 12:00 p.m.

Location: NWTC/Zoom

Limit: 30 In-Person, 25 Zoom

So, you acquired a fancy, new Apple/Mac iThingy, but don't know the first thing about getting it to work for you. Or, maybe you have more advanced questions about your device. In either case, this class is the right place to solve your problems. Instead of letting your iPhone, iPad or iMac laptop just sit there in its box, macMommy Erin will answer your questions, help you get started, and demonstrate the many useful ways your device can make your life a bit easier.

Recorders in Concert

Course #: 89

Presenter: Denise Jacobs

Coordinator: John Koski, 920-493-9344

E-Mail: sturgeonbay2@gmail.com

Date: Thursday, April 4

Session(s): 1

Time: 10:00 a.m. - 12:00 p.m.

Location: NWTC

Limit: 30

Recorders on the Door in Concert: Music from around the world and through the ages. Think you'd ever hear recorders playing Medieval and Renaissance music? Come join us as Recorders on the Door performs ragtime, jazz, Celtic, South American, and Jewish music, plus pop tunes from the 30's to the 60's! (We might throw a few Renaissance tunes in just for the fun of it.)

Retirement Roadblocks

Course #: 90

Presenter: David Lenius

Coordinator: John Larson, 715-446-2658

E-Mail: jmlpack@yahoo.com

Date: Monday, May 13

Session(s): 1

Time: 1:00 p.m. - 3:00 p.m.

Location: NWTC

Limit: 30

This course will look at seven of the most common financial roadblocks to retirement using siblings Bill and Jill as examples as they head out on their retirement journey. It is intended for people preparing to start retirement as well as people already retired. The topics covered will be Longevity Risk, Inflation Risk, Sequence of Returns Risk, Withdrawal Rate Risk, Social Security Risk, Healthcare Risk, and Taxation Risk.

HELPFUL HINTS FOR A FULFILLING SEMESTER

DO YOU WANT TO REGISTER FOR ADDITIONAL CLASSES?

- Check online member portal.
- You will be able to register for a class if space is available. If the class has been filled you have the option of choosing the Wait List.

Ridin the Rails – Our Amtrak Adventure – Revisited

Course #: 91 In-Person

Course #: 91 Zoom

Presenter: Jim Mitsche

Coordinator: Gwen Mitsche, 518-669-8390

E-Mail: gwen.mitsche@gmail.com

Date: Tuesday, April 23

Session(s): 1

Time: 10:00 a.m. – 12:00 p.m.

Location: NWTC, Zoom

Limit: 30 In-person, 20 Zoom

Join me on memory lane as I recount a 30-day Amtrak journey that my wife and I took. We covered 6,300 miles, 5 major cities, 9 National Parks, great scenery, uncertainty, relaxation and motion (usually). I've expanded my presentation beyond the original travelogue. You are invited to hear and see how our first Amtrak trip went while discovering the pros and cons of extended USA travel. This is a perfect opportunity to discover new ideas for your own adventure.

Smoked Salmon

Course #: 92

Presenter: Mike LeClair

Coordinator: Mike Le Clair, 920-901-9955

E-Mail: michealn.leclair@yahoo.com

Date: Monday, May 13

Session(s): 1

Time: 1:00 p.m. – 4:00 p.m.

Location: LeClair Home

Limit: 11

Fee: \$12 fee payable to Mike LeClair,
due to LIR by April 25

Do you love "smoked salmon"? Do you want to watch and learn the process as Mike LeClair demonstrates? Would you like to hear a bit of his family's commercial fishing history in Two Rivers and on Lake Michigan? Join us and enjoy taste-testing the results of this demonstration of the fine art of smoking fish.

Sourdough Bread Baking

Course #: 93

Presenter: Pat Bopray

Coordinator: Sally Everhardus, 920-883-8819

E-Mail: sallyeverhardus@yahoo.com

Date: Monday, April 22

Session(s): 1

Time: 1:00 p.m. – 3:00 p.m.

Location: NWTC Kitchen

Limit: 6

Fee: \$5 fee due at the time of
registration to guarantee your
seat in the class.

Pat's fascination with all things culinary led her to delve into the world of sourdough bread baking. She will share techniques she has developed in her own kitchen and make suggestions for variations in flavor. The class will feed a sourdough starter, mix, and set to rise a loaf of bread, learn techniques for baking in a cast iron pot and of course we will also sample a freshly baked loaf. Ideas for using excess starter and other recipes will be shared.

Spring in the Garden Door

Course #: 94

Presenter: Mary Moster and Sue Kunz

Coordinator: Joe Kopec, 920-818-0112

E-Mail: joekopec@gmail.com

Date: Thursday, May 16

Session(s): 1

Time: 10:00 a.m. – 12:00 p.m.

Location: Peninsula Agricultural
Research Station Hwy 42
Sturgeon Bay, WI

Limit: 30

This course will be a short introduction to Door County Master Gardeners and a history of their one-acre educational Display Garden at the UW Ag Research station on Hwy 42 just outside of Sturgeon Bay. After an introductory lecture, participants will be taken on a guided tour of the garden led by knowledgeable Master Gardeners, who will talk about the various gardens.

Spring/Summer: Fishing Around Door County

Course #: 95

Presenter: Gary Nault
Coordinator: Mike Le Clair, 920-901-9955
E-Mail: michealn.leclair@yahoo.com
Date: Wednesday, February 28
Session(s): 1
Time: 1:00 p.m. - 3:00 p.m.
Location: NWTC
Limit: 30

Gary Nault is a local fisherman and guide. This course is a discussion of fishing for spring and summer in Door County with a PowerPoint presentation and live instruction. Class will also include areas and times to fish for specific species and segments on new innovations in marine electronics. Gary will also give us a bit of a fishing history lesson as he shows us some of his vintage fishing rods and lures.

State of the Door County Land Trust, the Preserves Plus the Future

Course #: 96

Presenter: Emily Wood
Coordinator: Joe Kopec, 920-818-0112
E-Mail: joekopec@gmail.com
Date: Wednesday, April 17
Session(s): 1
Time: 1:00 p.m. - 3:00 p.m.
Location: Door County Land
Trust Headquarters
Limit: 30

Join Emily Wood, executive director of the Door County Land Trust, at the Trust's downtown Sturgeon Bay offices for an update on what's happening at the DCLT, the 14 nature preserves, other properties and what the future holds. The motto of the Land Trust is "protecting Door County's exceptional lands and waters forever." Everyone can be part of that protection effort. Not everyone can donate their property for a nature preserve, but everyone can volunteer, learn the issues, and become active in preserving and protecting a rare environmental gift. The Land Trust has protected more than 9,100 acres thanks to contributions of support from members. The Land Trust nature preserves are open to the public at no charge for hiking, cross-country skiing, wildlife observation, some forms of hunting and other low-impact, non-motorized recreational activities.

Strawberry Creek Chinook Salmon Rearing Pond Tour

Course #: 97

Presenter: Logan Sikora
Coordinator: Mike Le Clair, 920-901-9955
E-Mail: michealn.leclair@yahoo.com
Date: Wednesday, May 15
Session(s): 1
Time: 10:00 a.m. - 12:00 p.m.
Location: Strawberry Creek Chinook Facility
Limit: 15

This class will tour the Wisconsin DNR's Strawberry Creek Chinook salmon facility during the spring operations. Strawberry Creek is DNR's primary egg collection site for Chinook salmon. Over 100,000 small fingerling Chinook are stocked and reared at Strawberry Creek each spring, and then as mature adults these fish return to spawn during the fall. This tour will include an overview of Strawberry Creek, with an emphasis on spring monitoring, rearing, and feeding fish. There will be continuous walking and standing. Meet at the Knights of Columbus parking lot.

St. Vincent de Paul Society

Course #: 98 In-Person

Course #: 98 Zoom

Presenter: Denis and Chris McCarthy
Coordinator: Bonnie Connolly, 920-746-9199
E-Mail: dconnoll@charter.net
Date: Thursday, April 4
Session(s): 1
Time: 1:00 p.m. - 3:00 p.m.
Location: NWTC/ Zoom
Limit: 30 In-Person, 20 Zoom

Dennis and Chris will talk about all the work they do through St Vincent de Paul in our community. They will relay heartfelt stories of the invisible people who work behind the scenes to maintain many of the amenities Door County offers.

HELPFUL HINTS FOR A FULFILLING SEMESTER

DCLIR is a Volunteer Organization.

Make a difference and get involved. Not sure what you want to get involved with as a volunteer for DCLIR? Contact any members of the Board of Directors or the Learning in Retirement Office at 920.746.4947.

Sunshine Resources of Door County Tour

Course #: 99

Presenter: Jeremy Paszczak
Coordinator: John Koski, 920-493-9344
E-Mail: sturgeonbay2@gmail.com
Date: Monday, March 25
Session(s): 1
Time: 10:00 a.m. - 12:00 p.m.
Location: Sunshine House
Limit: 10

Sunshine Resources of Door County (also known as Sunshine House) is a 501(c)3 not-for-profit organization. Sunshine House Inc. was started in Door County by a handful of parents in 1971. These parents wanted more for their children to experience and be a part of. With their determination Sunshine House Inc. evolved into the great organization it is today. We are operating this not-for-profit organization 50 years later with the same Mission – of achieving full participation in society of people with special needs. Join us to learn more and tour the facility.

The Challenge of Effective Communication Skills in a Digital Age

Course #: 100

Presenter: Chip Manthey
Coordinator: Chip Manthey, 920-819-0234
E-Mail: chippic_2000@yahoo.com
Date: Wednesday, March 6
Session(s): 1
Time: 1:00 p.m. - 3:00 p.m.
Location: NWTC
Limit: 30

This will focus on enhancing communication skills, including how to create better presentations and how to handle nerves. We will discuss non-verbal communication and listening skills with the intent of increasing our ability to communicate more effectively.

The Night It Rained Fire

Course #: 101

Presenter: Virginia Feld Johnson
Coordinator: Don Guth, 920-493-9344
E-Mail: donguth@icloud.com
Date: Tuesday, May 7
Session(s): 1
Time: 10:00 a.m. - 12:00 p.m.
Location: NWTC
Limit: 30

It's been 150 years since the Peshtigo Fire devastated the northeastern part of Wisconsin, burning 1.2 million acres. Countless counties, including Kewaunee and Door, were also affected. It was believed Kewaunee County would never rise from the ashes. But, as it was, many came to feel that Kewaunee County's greatest tragedy was a blessing in disguise. When the fields were cleared, the ashes became fertilizer, and new homes were built better than the old. Good qualities of fellow citizens came forward, and life changed. Join local historian, Virginia Feld Johnson, for a discussion of her latest book, when the "Night It Rained Fire."

Therma-Tron-X Inc. and its divisions Heat Treat Furnaces and TTX Environmental: Getting to Know one of Door County's Leading Manufacturers

Course #: 102

Presenter: Lizabeth Bjarnarson and others upon availability
Coordinator: John Koski, 920-493-9344
E-Mail: sturgeonbay2@gmail.com
Date: Tuesday, April 23
Session(s): 1
Time: 10:00 a.m. - 12:00 p.m.
Location: Therma-Tron-X
Limit: 25

Therma-Tron-X inc. was founded in 1969 as a manufacturer of industrial ovens. A short time later, the upstart business moved to Door County and began fabricating in an old apple warehouse. It wasn't long before TTX would broaden its initial focus to include equipment for heat processing, paint finishing, material handling, and water wastewater treatment. Today, TTX has over 300,000 square feet of manufacturing and has additional offices in Chicago and Mexico. Join us for a behind-the-scenes, one-hour walking tour of one of Door County's prominent manufacturers.

Through the Lens of a Sports Photographer

Course #: 103

Presenter: Chip Manthey
Coordinator: Chip Manthey, 920-819-0234
E-Mail: chippic_2000@yahoo.com
Date: Thursday, February 29
Session(s): 1
Time: 1:00 p.m. - 3:00 p.m.
Location: NWTC
Limit: 30

Join Chip Manthey for an engaging and informative presentation chronicling life as a professional sports photographer. For over two decades, Chip roamed the sidelines of Lambeau Field, Camp Randall, and numerous other Wisconsin sports venues. He captured some of the state's greatest moments in sports history. His colorful studies, deep knowledge and specialized tricks of the trade will entertain even the most casual of fans while also inspiring those who are interested in pursuing a career behind the lens.

Tour of the Sturgeon Bay Fire Department

Course #: 104

Presenter: Assistant Chief Kalin Montevideo
Coordinator: Mike LeClair, 920-901-9955
E-Mail: michaeln.leclair@yahoo.com
Date: Tuesday, May 7
Session(s): 1
Time: 10:00 a.m. - 12:00 p.m.
Location: Sturgeon Bay Fire Department
Limit: 20

Join us at the Sturgeon Bay Fire Department for a tour of the facility and to check out their equipment.

Tour With the YMCA CEO

Course #: 105

Presenter: Tonya Felhofer and Staff
Coordinator: Audrey Perry, 920-255-3100
E-Mail: aapwi61@gmail.com
Date: Wednesday, February 7
Session(s): 1
Time: 10:00 a.m. - 12:00 p.m.
Location: YMCA Sturgeon Bay
Limit: 30

Take a tour of the renovated YMCA in Sturgeon Bay to see "state of the art" facility and learn about new programs.

Transportation Options for Door County Residents

Course #: 106

Presenter: Kim Gilson- Door-Tran
Coordinator: Suzanne Holvenstot, 920-743-1089
E-Mail: suzscott7@icloud.com
Date: Tuesday, February 20
Session(s): 1
Time: 1:00 p.m. - 3:00 p.m.
Location: NWTC
Limit: 30

Door-Tran is a creative community network dedicated to connecting people to transportation services that are affordable, available, and accessible. You are invited to the presentation and learn how Door-Tran and other local transportation programs can get people where they need to go. Kim Gilson, Volunteer Coordinator with Door-Tran, will provide participants with information to help them decide the best fit for their transportation needs.

Unfolding Stories in the Holy Land

Course #: 107

Presenter: Marilyn M Hein
Coordinator: Sher Rockway
E-Mail: srock10@gmail.com
Date: Monday March 11, 18, and 25
Session(s): 3
Time: 1:00 p.m. - 3:00 p.m.
Location: NWTC
Limit: 30

History unfolds in the Holy Land through the stories of the land and the people. Each story builds on the foundation laid before it, despite centuries of war, destruction, and unexpected twists and turns. The past, present, and future flow into one astounding story that reveals how what seems like the worst that could happen turns out for good. Marilyn's photos from her trip to the Holy Land bring to life the heartwarming story of hope during troubling times.

Volunteering in Door County

Course #: 108 In-Person

Course #: 108 Zoom

Presenter: Megan Dietz, Mary Moster,
Nikki Voight, Mark Nelson,
Allyson Flec

Coordinator: Jill Gaertner, 414-902-3676

E-Mail: jillottog@gmail.com

Date: Tuesday, April 30

Session(s): 1

Time: 10:00 a.m. - 12:00 p.m.

Location: NWTC/Zoom

Limit: 30 In-person, 20 Zoom

“Door County is a special place. There is a spirit that keeps us here – or draws us back each year.” Over 350 charities, associations, service clubs and other citizen groups serve our community! Most of these organizations cannot provide their services without volunteers. That is where YOU come in. Join this course to hear about the enriching volunteer opportunities and how you can sign up to help. Flexible schedules as well as accommodations for those with limited mobility or dexterity are available. This course is presented by a few non-profit organizations will discuss their programs and how volunteers aid in fulfilling their mission. Join us and learn about YOUR Door County non-profits and how you can be involved as a volunteer. We welcome YOU to join us in service and the act of volunteerism.

HELPFUL HINTS FOR A FULFILLING SEMESTER

PRESENTERS:

Have you a skill or a topic you want to share? Become a DCLIR Presenter. Contact the office or go to nwtc.edu/LIR to obtain a Course Proposal form, complete it and return to the DCLIR Office.

What are Apps All about?

Course #: 109

Presenter: Michael C Callahan
Coordinator: Karen Callahan, 815-793-8276
E-Mail: alss.callahan@gmail.com
Date: Monday, March 4

Session(s): 1

Time: 10:00 a.m. - 12:00 p.m.

Location: NWTC

Limit: 30

Have you ever wondered how computer Apps (applications) are brought to life on your phone or PC? This non-technical class will demystify the development and deployment of computer applications. We will discuss the evolution of computer programs and the challenges that face us today as more and more apps are developed to help us in our daily lives. The next time you're frustrated with your phone or computer, you'll know what's behind the curtain.

Whodunit

Course #: 110

Presenter: Lynn Kaczmarek
Coordinator: Liz Orlock, 920-559-9235
E-Mail: Liz.orlock@gmail.com
Date: Thursday, February 15 & 29;
March 14 & 28 and April 11 & 25

Session(s): 6

Time: 10:00 a.m. - 12:00 p.m.

Location: NWTC

Limit: 15

Wondering what to read next? Join our mystery reading discussion group. Lynn Kaczmarek, retired Managing Editor of the national publication, "Mystery News," will lead the group, introducing you to new and not-so-new authors in five sub-genres: British, Historical, Professional, Closed Room, Historical and Wild Card. There are over 1500 mysteries published every year. Let us help you find the ones that are just right for you! Come to the first class prepared to talk about your favorite (or most recently read) mystery.

Wienke's Market Tour

Course #: 111

Presenter: Sigrid Wienke –

Slaby/Marit Wienke-Virgin

Coordinator: Sher Rockway, 630-846-1052

E-Mail: shrock10@gmail.com

Date: Wednesday, April 24

Session(s): 1

Time: 10:00 a.m. - 12:00 p.m.

Location: Wienke's Market, located on County S

Limit: 15

Tour and learn the history behind the Wienke's market, located on County S, 12 miles south of Sturgeon Bay.

Wisconsin's Post Office Murals:

How They Came to Be

Course #: 112 Zoom

Presenter: David W Gates Jr

Coordinator: John Koski, 920-493-9344

E-Mail: sturgeonbay2@gmail.com

Date: Wednesday, February 21

Session(s): 1

Time: 1:00 p.m. - 3:00 p.m.

Location: Zoom

Limit: 25

During the Great Depression, the Public Works Art Project commissioned more than 1,000 large murals for post offices nationwide. Wisconsin has 35 of these murals, including one titled Fruits of Sturgeon Bay in the lobby of the Sturgeon Bay Post Office.

Artists who won these commissions were expected to consult with prominent townsmen, as well as regular folk, to create works meaningful to the community.

David Gates, who has written the well-received book Wisconsin Post Office Murals, will discuss the story behind the mural in Sturgeon Bay and in other Wisconsin post offices. Wisconsin Post Office Murals can be purchased at www.davidwgatesjr.net.

Woodfired Brick Oven Pizza

Course #: 113

Presenter: Tom Gaertner

Coordinator: Janet Uteg, 706-781-5901

E-Mail: msuteg@gmail.com

Date: Monday, May 6

Session(s): 1

Time: 1:00 p.m. - 5:00 p.m.

Location: Gaertner Home

Limit: 6

Fee: \$5 fee due at the time of registration to guarantee your seat in the class.

Learn the basics of dough preparation and pizza making and baking in a genuine outdoor brick oven. Participants will eat the results of their efforts. \$5.00 cost for materials includes homemade dough and a selection of pizza toppings. There will not be a gluten-free option. Class held rain or shine at instructors' residence in Brussels.

Woodfired Brick Oven Pizza

Course #: 114

Presenter: Tom Gaertner

Coordinator: Janet Uteg, 706-781-5901

E-Mail: msuteg@gmail.com

Date: Tuesday, May 14

Session(s): 1

Time: 1:00 p.m. - 5:00 p.m.

Location: Gaertner Home

Limit: 6

Fee: \$5 fee due at the time of registration for materials.

Learn the basics of dough preparation and pizza making and baking in a genuine outdoor brick oven. Participants will eat the results of their efforts. \$5.00 cost for materials includes homemade dough and a selection of pizza toppings. There will not be a gluten-free option. Class held rain or shine at instructors' residence in Brussels.

Women and Children in the 19th Century

Course #: 115 Zoom

Presenter: Lou Covotsos

Coordinator: Renee Bauernfeind, 920-246-4682

E-Mail: rjk2247@gmail.com

Date: Mondays, February 12, 19, 26, and
March 4

Session(s): 4

Time: 10:00 a.m. - 12:30 p.m.

Location: Zoom

Limit: 30

The course will focus on the social history of women and children from the emergence of the modern family to the Women's Liberation Movement of the 1970s through the latest U.S. Supreme Court decision on abortion. A theme of the class is the transformation of social feminism of the 19th and early 20th centuries into women's liberation, two very different and distinct perspectives on the role of women in society. With the development of the modern family in the 19th century and the emerging notion of social feminism came the focus on the development and protection of children. While the suffrage movement and the struggle for civil, property, and marital rights for women will be included briefly, this class will focus less on the politics of that struggle and more on the every-day lives of woman. The topics of abortion, birth control, contraception, and sexuality will occupy a good portion of the lecture. This might be offensive and overly explicit for some students, however, there is no way to avoid discussing these topics without presenting it fully and objectively.

World War II On the Home Front

Course #: 116

Presenter: Virginia Feld Johnson

Coordinator: Don Guth, 920-255-3174

E-Mail: donguth@icloud.com

Date: Tuesday, March 19

Session(s): 1

Time: 10:00 a.m. - 12:00 p.m.

Location: NWTC

Limit: 30

On the home front, not the fighting. Rationing, collection of milkweeds for parachutes, silk stockings with seams and inventiveness such as M&Ms, superglue and Styrofoam. Women working for pay as a duty. PowerPoint and memories shared.

You've Got Mail

Course #: 117

Presenter: Gwen Mitsche

Coordinator: Sally Everhardus, 920-883-8819

E-Mail: Sallyeverhardus@yahoo.com

Date: Thursday April 25, May 2, and May 9

Session(s): 3

Time: 1:00 p.m. - 3:00 p.m.

Location: NWTC

Limit: 10

Here's your chance to make your own postcards! No sewing machine required. We will be fusing, ironing, stamping, weaving, collaging and embellishing postcards that can be sent through the US Mail to someone special.

HELPFUL HINTS FOR A FULFILLING SEMESTER

NOTE:

Please keep in mind that some classes may require more physical activity than others, i.e. walking over uneven terrain, stairs, standing in one place for an extended period of time, etc.

It is part of our mission to present an open, ongoing forum of life-long learning and the courses offered through DCLIR are led by volunteers. Any thoughts and opinions are expressly those of the presenter and attendees and not necessarily those of DCLIR.

DOOR COUNTY LEARNING IN RETIREMENT REGISTRATION AND WORKSHEET

*Spring 2024 Registration Begins December 18th, 2023
and remains open throughout the term*

LAST NAME _____

FIRST NAME _____

SPRING ONLY MEMBERSHIP FEE IS \$50.00
IF REGISTERING IN PERSON OR BY MAIL
MAKE CHECK PAYABLE TO "DCLIR"

Register online or complete one form per person.
(Form can be downloaded at nwtc.edu/LIR and mailed or emailed to the office)

- > **Mail to:** NWTC-DCLIR, 229 North 14th Avenue., Sturgeon Bay WI 54235
- > **Mail/Drop off** at the DCLIR office at NWTC. **Registration assistance by appointment.**
- > **Contact DCLIR Office:** 920-746-4947 • **Email:** dclir@nwtc.edu
- > **Assignment of courses** will be first-come, first served.
 Registration is computerized and is determined by date and time of registration.

Name _____

Mailing Address _____

City/State/ZIP _____

Phone(s) _____ Email _____

	Course #	Course Title		Course #	Course Title
1st			8th		
2nd			9th		
3rd			10th		
4th			11th		
5th			12th		
6th			13th		
7th			14th		

*I understand I can attend **only** the courses for which I **have received written confirmation.***



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A GREAT IDEA FOR A CLASS WOULD BE...

Do you know a presenter for this class? Yes No

Phone/E-mail for Presenter: _____

I would be willing to contact them about this.

I would be willing to research this idea to see who could do it.

Your Name: _____

Your Phone/E-mail: _____

Please return this to the DCLIR office

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